Today's MMU: Council approves rolling back tax rate for 2022-2023 fiscal year

Children's Services Council of Palm Beach County <mmu+cscpbc.org@ccsend.com>

To: Updates <updates@gladesinitiative.org>

35 years #HealthySafeStrong

Helping Palm Beach County children grow up healthy, safe and strong



Monday Morning Update September 26, 2022

News

Council approves rolling back tax rate for 2022-2023 fiscal year

The governing board of Children's Services Council of Palm Beach County on Thursday approved a 2022-2023 millage rate of .5508 – a nearly 12 percent decrease from last year, which is the rolled-back rate. For more about this and other business the Council conducted this month, click here.

Diaper Need Awareness Week

This year's Diaper Need Awareness Week, a week of education, awareness and advocacy, begins Saturday, September 24th and runs through Sunday, October 2nd. We encourage you to learn more about this awareness week, help share information with our community, and be part of the growing movement to put an end to diaper need. Through Basics4Babies Emergency Pantry for Infants with Healthy Mothers, Healthy Babies, diapers, formula and baby food are provided to families who face financial hardship, giving them a resource they can rely on to keep their babies clean, dry, and fed. Learn more here.

Watch: 'Spilling the Tea' with the Children's Healing Institute

211's Crisis Support 24/7

If you or someone you know is

Congressional Youth Council 2022-2023

Do you know a student interested in learning more about the government? Congresswoman Lois Frankel's Youth Leadership Council is an annual opportunity for junior and senior high school students who reside in Florida's 21st Congressional District, to get a glimpse of how government works and hear from experts on various topics of interest. The Council is an initiative that grants students the opportunity to learn more about Congress, local govt, and current topics of interest. As a member of this Council, high school students will deepen their commitment to civic engagement and public service. Click here to learn more.

Organizations collaborate to strengthen youth resources in Palm Beach County Spilling the Tea is an educational series for new preemie moms and dads brought to you by TEACUP Preemie Program. This brief but in-depth <u>video</u> will explore aspects of prematurity including emotional and mental effects, the NICU environment, breastfeeding & pumping, reclaiming attachment & bonding, and others. Preemie parents share their experiences through intimate video journals, and experts in infant development and prematurity offer guidance and information.

experiencing a mental health or suicidal crisis- or is struggling with substance use, simply dial 2-1-1 or the new 9-8-8 number. The National Suicide Prevention Lifeline has recently rebranded to 988 Suicide & Crisis Lifeline- with the new three-digit 9-8-8 number replacing its longer ten-digit 1-800-273-TALK (8255) version. 211's highly trained and caring staff will continue to be the frontline responder for crisis calls from both 2-1-1 and the 9-8-8 number.

Local youth advocates and organizations got together on Wednesday to see how to best help 167,560 students attend Palm Beach County districtoperated schools and other youth in the area. The event brought 40 leaders from local organizations to collaborate on the issues youth ages 0 to 22 in Palm Beach County are facing. Through the program's 300+ community networks, they're working on a "Youth Master Plan" where they can collaborate to bring resources and funding to the issues. Click here to learn more.

Margaritaville at Sea announces Heroes Sail Free Program

Margaritaville at Sea, the floating island vacation offering the fun, escapism, and state of mind synonymous with the global lifestyle brand, today announced its new groundbreaking "Heroes Sail Free" cruise program, inviting U.S. military service members (active duty and veterans), police, fire, EMS personnel, and educators to enjoy one free cruise fare to the Bahamas. A first for the cruise industry, this unprecedented offer invites these frontline heroes to enjoy a microvacation to the islands. The program is coordinated through a partnership with GovX.com, the largest military and government ecommerce site exclusively for military and first responders. Click here to learn more.

Provider series with the Early Learning Coalition of Palm Beach County

The Early Learning Coalition is hosting a series for those interested in a career as a family childcare home provider. The series, led by Director of Provider Services Gina Carello, is perfect for those who have a passion for the care and education of young children. This four-part virtual series will give attendees an introduction to opening a Family Child Care Home with step-by-step support, licensing instruction, free professional development opportunities, and much more. Sessions are once a month, beginning September 13th and running through November 3rd. Click here to register.

Habitat for Humanity of Palm Beach County: Neighborhood Revitalization Home Preservation Programs

The Palm Beach County Community Remembrance Project is partnering with the Equal Justice Initiative (EJI) to offer a voluntary scholarship essay contest open to 9th - 12th grade students attending public high school in Palm Beach County. Students are asked to select a historical event involving racial injustice in America and its connections to injustice in our society. Students must include a list of all sources used. Deadline is December 9. 2022. Click here to learn more.



My child has ADHD, what can I do?

Getting an ADHD (Attention-Deficit/Hyperactivity Disorder) diagnosis for your child may answer some of the behaviors you've been seeing like lack of concentration and impulsivity. But what comes next? What can you did as a parent? Here are some quick tips from Carolina Libreros, a Triple P supervisor for the Center for Family Services of Palm Beach County. Triple P stands for the Positive Parenting

Program, a program available to all Palm Beach County families who are experiencing parenting challenges. For more parenting tips, visit **EveryParentPBC.org/behavior**:

Learn more

Events

Caridad Center Hispanic Heritage Festival

Saturday, Oct. 15 9 a.m. - 12 p.m. 8645 Boynton Beach Blvd, Boynton Beach

In honor of National Hispanic Heritage Month, Caridad Center invites you to participate in their Hispanic Heritage Resource Fair on October 15, 2022. The event will be held from 9am-12pm. The goal of this event is to connect and serve our local families by providing information about the resources available to them in the community as well as celebrate the Hispanic Culture. Click here to learn more and to register.

Our History, Our Culture: The State of Black Education in Palm Beach County Schools Tuesday, October 11, 2022 6 - 7 p.m. 2129 N. Congress Ave., Riviera Beach

This community symposium is designed to engage and galvanize parents and community stakeholders around the state of education as it pertains to Black students. This is an opportunity to elevate our voices and the representation of Black history and culture in teaching and learning. In addition, this will be space for us to use our collective minds to develop ways to innovate education to address the unique needs of students, both academic and socio-emotional. Learn more here.

Palm Beach County Youth Summit

Saturday, Oct. 1 10 a.m. - 3 p.m. Children's Services Council of Palm Beach County 2300 High Ridge Rd., Boynton Beach

Hosted at the Children's Services Council building in Boynton Beach by the Palm Beach County Behavioral Health Coalition, this peer to peer event has lots of learning, activities, free lunch and community service hours. Youth can earn up to seven community service hours. One of three learning labs - Mental Health and (YOU)th, Habits for Success, and Alcohol Literacy Challenge. Plus join our kick-offs for 13th Annual School Bus Drug Prevention Media Contest. Hunt4Health Scavenger Hunt, Drop the Vape and join the Creation Stations to add your unique inspiration. Students must register as space is limited. Click here to learn more.

Save the Date: Cayuga Centers' Anniversary Celebration Open House

Tuesday, Oct. 11, 2022 2 - 6 p.m. 1301 N Congress Ave, Suite 130, Boynton Beach

Join us as we celebrate 170 years of serving families and youth. Learn more about the programs we offer, meet our President & CEO Edward Myers Hayes and tour our Boynton Beach facility. Light refreshments and entertainment! Click here to learn more.

DownRight ExtraOrdinary Walk for Down Syndrome 2022

Sunday, October 23, 2022 8 a.m. – noon John Prince Park's Center Drive Pavilion 4759 South Congress Ave., Lake Worth

Gold Coast Down Syndrome is proud to continue their tradition of coming together to celebrate people with Down syndrome. Join their DownRight ExtraOrdinary Walk for Down Syndrome and start your team today! Other activities include bounce houses, breakfast, carnival games, DJ & dancing, live entertainment, pony rides, face painting, raffle & silent auction and much more! Click here to

learn more and to register.

Securing Our Future Economic Mobility Summit

Wednesday, Sept. 28, 2022 9 a.m. - 4 p.m. Palm Beach County Convention Center 650 Okeechobee Blvd, West Palm Beach

The goal of the summit is to bring systems leaders together in support of our families that are unemployed or underemployed. The summit will consist of a plenary session and eight workshops plus a lunchtime panel discussion. The workshops will provide information about ways organizations involved in the systems pictured below can work collaboratively to help families earn more and move out of poverty. The systems are: housing and homelessness, employment, childcare, education, safety and justice, food and hunger, health, transportation. Click here to learn more and to register.

Save the Date: Domestic Violence Awareness Month Opening Ceremony

Monday, Oct. 3 9 a.m. Palm Beach State College Duncan Theater 4200 S Congress Ave., Lake Worth

Save the date for this year's Domestic Violence Awareness Month's Opening Ceremony. This year's theme is Increasing Family Safety Through Abusive Partner Accountability. Luli Ortiz, CBS 12 News, will be our Master of Ceremonies. Lee Giordano, formerly with Men Stopping Violence in Atlanta, GA, is providing the keynote address titled "Strengthening Communities Through Abusive Partner Intervention." Click here to learn more.

Trainings

2022 Disaster Cycle Training Series

United Way of Palm Beach County is hosting it's 2022 Disaster Cycle Training Series on the following topics:

- Recovery, Oct. 6, 10 11

 a.m. Panel discussion
 about different structures
 (COAD, VOAD, LTRC),
 different governance
 (501c3 or no?), and when to start a recovery group.
- In-person Active Shooter and Mass Casualty Training, November (Date and Venue TBD).Participate in this open-to-the-public workshop and get the most current training on humanmade disasters, including Run, Hide, Fight and Stop the Bleed.

Click here to register.

Provider series with the Early Learning Coalition of Palm Beach County

The Early Learning Coalition is hosting a series for those interested in a career as a family childcare home provider. The series, led by Director of Provider Services Gina Carello, is perfect for those who have a passion for the care and education of young children. This four-part virtual series will give attendees an introduction to opening a Family Child Care Home with step-bystep support, licensing instruction, free professional development opportunities, and much more. Sessions are once a month through November 3rd. Click here to register.

Upcoming trainings with the Center for Child Counseling

See the links below to upcoming trainings with the Center for Child Counseling:

- October 17: 9am 5pm <u>Motivational Interviewing</u> for Practitioners
- November 14: 9am 3pm
 CBT with Children and Youth
- December 2: 9 -10:30 am
 Self-Care for
 Practitioners
- Parenting 101: A Way of Being - Parenting 101 support group provides a safe space for parents to freely share their parenting experiences including their challenges and strengths within confidentiality in a group se tting. his support group is for parents of children ages 3-6. Sessions will take place weekly on Tuesdays 10/4/22 - 11/15/22 at 6-7pm via Zoom. Click HERE to register.

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The Official DC:0-5 for Clinicians Online Tuesday, Oct. 25 9 a.m. - 1 p.m. Online

Zero to Three's Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood $(DC:0-5^{TM})$ is the first developmentally based system for diagnosing mental health and developmental disorders in infants and toddlers. This training is for advanced practitioners such as mental health clinicians, mental health consultants, social workers, early intervention specialists, psychiatrists, pediatricians, and nurse practitioners whose work with infants, young children, and their families involves assessment, diagnosis, and case formulation. **Click here** to learn more.

Deliver the Dream Upcoming Programming

Deliver the Dream presents the following upcoming programs:

- Hope at HOME (virtual): A Beary Fun Hunt. Tuesday, October 18, 2022.
 Register here.
- Family Fun Day (inperson) Fall Festival Oct.
 29, 2022 11 a.m. - 2 p.m.
 Quiet Waters Park,
 Deerfield Beach. Register here.
- Family Retreats (inperson) Veterans Family Retreat. December 9-11, 2022. The Fountains Resort, Orlando. <u>Register</u> here.

Adverse Childhood Experiences: What protective factors look like & building self-regulation skills

Wednesday, Sept. 28 6 - 7:30 p.m. Virtual

Families thrive when protective factors are present in their lives and communities: and children are more likely to thrive when their families have the support they need. This presentation will teach participants about how important protective factors are to build resilience in families. Each protective factor will be broken out and explained. This training will also include information about trauma and toxic stress, the impact of trauma on the brain and body, Adverse Childhood Experiences, proactive ways to teach self-regulation strategies to children, and examples of interventions that parents, counselors, and teachers, and mentors can use to help children who have experienced trauma to be successful and resilient. Click **here** to register.

Unicorn Children's Foundation Hosts Virtual Classes

Unicorn Children's Foundation, a non-profit organization that creates cradle to career pathways for people with developmental differences, offers virtual classes that are inclusive for everyone. Enroll in classes including Author Club (publish your own book), French Club, Job Club, Self Advocacy, Graphic Design, and more! Click here to learn more and to register.

Additional Resources

Visit the CSC website
CSC Employment
CSC Provider Agency Employment
Search for Trainings

Do you have information for the MMU?

Email your MMU submission to mmu@cscpbc.org. Click here to review the MMU Submission Guidelines.

Stay Connected!







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