



## ***Mindfulness In Action***

**Presenter: Aimee Bernstein**  
**October 24, 2017 from 2:30 - 4:00 pm**

Mindfulness-in-action training develops a higher level of leadership and self-mastery in high-pressure environments. This training teaches an inner map and embodied practices that guide participants in using pressure-the energy of change- to enhance performance, relationships, creativity and wellbeing. This map can be applied at any time and within any activity.



**Registration **

**Members: FREE**

**Non-members: \$25**

## ***Nonprofit Financial Management Network - Audit Preparation Roundtable***

**October 27, 2017 from 8:30 - 11:00 am**

**Community Partners**

**2001 Blue Heron Boulevard West, Riviera Beach, FL 33404**

The Nonprofit Financial Management Network (NFM Network), in partnership with [Holyfield & Thomas, LLC](#), invite you to attend a free Audit Preparation Roundtable Discussion on the Audit Process from start to finish.



We will be discussing various areas surrounding the audit process including:

- Auditor selection
- Auditor and organization responsibilities
- Audit preparation
- Audit report review

The roundtable discussion will help participants gain a better understanding of the audit process, from auditor selection to the presentation of the audited financial statements.

**Registration**

**Members: FREE**

**Non-members: FREE**

## ***The Rise of the Opioid Epidemic - Where Do We Go From Here?***

**Presenter: Alexa Lee**  
**October 31, 2017 from 1:30 - 2:30 pm**

With 592 deaths and over 4,000 overdoses in 2016, Palm Beach County is experiencing about one death a day due to opioids. Families and children are being impacted. How did we get here? Find out the history of this epidemic and what you can do about it in the community to address the problem.



**Registration**

**Members: FREE**  
**Non-members: FREE**

## Membership Opportunities

Members of Nonprofits First enjoy exclusive benefits designed to increase your capacity to serve the needs of your clients. In addition to the cost saving opportunities on all Nonprofits First services, members are part of a community of nonprofit professionals with a demonstrated commitment to the continued strengthening of our industry.



**Become A Member**

## **501(C)Jobs**

Looking for a job in the nonprofit sector? Visit [www.501cjobs.org](http://www.501cjobs.org) to view job postings, submit an application, and attach your resume.



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