



*Little
Owls*

Early
Intervention
Initiative

Free Autism Training for Parents

*Essential parenting skills for families of children
with autism and related disabilities.*

Parents, a child with autism can be a challenge and few are equipped to know what to do.



This **free 3-day training** will help families learn key skills to optimize the future of their child (*18 months - 5 years old*).

Trainings held through the FAU CARD region: Boca Raton, Martin, Indian River, St. Lucie and Okeechobee County. Most trainings are held over 3 days, from 9 a.m. - 3 p.m.

FAU

CENTER FOR AUTISM AND
RELATED DISABILITIES
Florida Atlantic University

www.autism.fau.edu

Topics covered include:

- The autism diagnosis
- Sensory issues
- Behavior
- Teaching new skills
- Socialization & Community
- Safety, benefits, stress management and much more...

Discover how to:

- Promote learning
- Improve communication
- Increase social engagement
- Keep your child safe

Learn about:

- Therapies
- Advocacy
- Benefits your child may be eligible for
- Parent support and self-care

**Want to Learn More?**

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Early Intervention Specialist
561.245.1792
baldwinw@fau.edu

Community Developmental Clinic

Provided through a generous donation from the Unicorn Children's Foundation, the FAU CARD mobile screening clinic allows us to directly access families and professionals in the community with a focus on targeting areas with fewer resources.



Donations & Support

While FAU CARD is funded through the legislature and allocated by a grant through the Florida Department of Education, we also rely on generous donations to continue to provide the quality of services that are necessary to sustain FAU CARD's role in the autism community. You can also support us by getting involved in our special events!

Please visit www.autism.fau.edu and click on the "Donate" tab to get involved.

The Center for Autism and Related Disabilities at Florida Atlantic University is one of seven state-wide autism centers. Please visit www.florida-card.org to access statewide information.

FAU CARD serves individuals residing in Indian River, Martin, Okeechobee, Palm Beach and St. Lucie Counties. Our offices are located in Boca Raton, Jupiter and Port St. Lucie.

For More Information:

1- 888-632-6395
card@fau.edu

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Copies of this publication can be obtained in an alternate format by contacting CARD at card@fau.edu or 1-888-632-6395. Please allow at least 10 days to process this request.

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Florida's First Choice for Autism Support



encourage

inspire



strengthen

What Are Autism Spectrum Disorders?

Autism Spectrum Disorders (ASD) include:

- Autism Spectrum Disorder (Levels 1-3)
- Autistic Disorder
- Asperger Disorder
- Pervasive Developmental Disorder Not Otherwise Specified (PDD-NOS)
- Rett Syndrome
- Childhood Disintegrative Disorder

The core deficits for individuals with ASD include impairments in social communication and restricted & repetitive behaviors and interests. Early identification and intervention are essential to help individuals with ASD reach their full potential.

What Is Our Purpose?

FAU CARD's purpose is to serve individuals with autism spectrum disorders across their lifespan by helping them to become valued members of their communities. FAU CARD offers supports within the natural contexts of homes, residences, childcare programs, schools, and communities at no charge. Our staff will meet with an individual or a family member with ASD to develop a plan for services and supports. We schedule office visits, home visits, school visits and telephone/e-mail consultations.

www.autism.fau.edu

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**MAKING WAVES
IN THE COMMUNITY**



Who Do We Serve?

FAU CARD serves individuals of any age who have a diagnosis of ASD or a related disability including, deaf-blind (hearing and vision impaired) and hearing impaired or vision impaired with other disabling conditions.

We also serve family members, friends and professionals.

How Can We Help?

FAU CARD can provide . . .

- Consultation to parents and professionals in schools and agencies to:
 - Teach new skills
 - Resolve challenging behaviors
 - Enhance communication
 - Develop social skills
- Trainings for families and professionals in schools and agencies on a variety of topics:
 - Behavior Interventions and Supports
 - Functional Skills
 - Instructional Strategies
 - Social Skills
 - Toilet Training
 - Transitioning to Adulthood
 - Visual Strategies Wandering, Elopement, Safety
- Resources and referrals to service providers such as therapists, doctors, advocates and more
- Awareness and information about autism and related disabilities
- Support groups and connections to the community

. . .and more supportive strategies to help you, your family and the professionals working with you.

Clínica de Desarrollo de la Comunidad

Siempre a través de una generosa donación de la Unicorn Children's Foundation, la clínica móvil de detección FAU CARD nos permite acceder directamente a las familias y profesionales de la comunidad con un enfoque hacia la orientación a áreas con menos recursos.



Donaciones y Apoyo

Aunque FAU CARD es financiado a través de la legislatura y asignado por un subsidio a través del Departamento de Educación de Florida, también dependemos de las donaciones generosas para seguir prestando la calidad de los servicios que son necesarios para mantener el papel de FAU CARD en la comunidad de autismo. Usted también puede apoyar al involucrarse en nuestros eventos especiales!

Por favor, visite www.autism.fau.edu y haga clic en la pestaña de "Donar" para participar.

El Centro para Autismo y Descapacidades Relacionadas en Florida Atlantic University es uno de los siete centros de autismo en todo el estado. Por favor, visite www.florida-card.org para acceder a la información sobre CARD en todo el estado.

FAU CARD sirve a individuos que residen en Indian River, Martin, Okeechobee, Palm Beach y St. Lucie. Nuestras oficinas están ubicadas en Boca Raton, Júpiter y Port St. Lucie.

Para Más Información

1- 888-632-6395
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www.autism.fau.edu

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Florida's First Choice for Autism Support



motiva



inspira



fortalece

Que son Autism Spectrum Disorders?

Autism Spectrum Disorders (ASD) incluyen:

- Desorden del Espectro Autismo (Niveles 1-3)
- Desorden de Autismo
- Síndrome de Asperger
- Desorden Generalizado del Desarrollo No Especificado (PDD-NOS)
- Síndrome de Rett
- Desorden Desintegrativo de la Infancia

Los déficits básicos para las personas con ASD incluyen deficiencias en la comunicación social y los comportamientos e intereses restringidos y repetitivos. La identificación e intervención temprana son esenciales para ayudar a las personas con ASD a alcanzar su máximo potencial.

Cual Es Nuestro Proposito?

El propósito de FAU CARD es servir a las personas con trastornos del espectro de autismo a través de su vida, ayudándoles a convertirse en miembros valiosos de sus comunidades. FAU CARD ofrece apoyos dentro de los contextos naturales de los hogares, residencias, programas de cuidado infantil, escuelas, y comunidades en forma gratuita. Nuestro personal se reunirá con un individuo o un miembro de la familia con ASD para desarrollar un plan de servicios y apoyo. Programamos visitas al consultorio, visitas domiciliarias, visitas escolares y de teléfono/consultas de correo electrónico.

www.autism.fau.edu

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HACIENDO OLAS EN LA COMUNIDAD



A Quiénes Servimos?

FAU CARD sirve a personas de cualquier edad que tienen un diagnóstico de ASD o una condición relacionada, incluyendo sordo-ciego (problemas de audición y visión) y el deterioro de la audición o problemas de visión con otras condiciones de discapacidad.

También servimos a familiares, amigos y profesionales.

Cómo podemos ayudar?

FAU CARD puede proveer . . .

- Consulta para los padres y los profesionales de las escuelas y agencias para:
 - Enseñar nuevas habilidades
 - Resolver los comportamientos desafiantes
 - Mejorar la comunicación
 - Desarrollar las habilidades sociales
- Entrenamientos para las familias y los profesionales de escuelas y agencias sobre diferentes temas:
 - Intervenciones de Comportamiento y Apoyos
 - Habilidades Funcionales
 - Estrategias de Instrucción
 - Habilidades Sociales
 - Entrenamiento de Baño
 - Transición a la Adulthood
 - Estrategias Visuales
 - Deambulando, Escapando, Seguridad
- Recursos y referencias proveedores de servicios como terapeutas, médicos, abogados y otros
- Conocimiento e información sobre autismo y condiciones relacionadas
- Los grupos de apoyo y conexiones con la comunidad

...y las estrategias de mejor apoyo para ayudarlo a usted, su familia y los profesionales que trabajan con usted.

Klinik Devlopman Kominote

Sant pou Otis ak lòt Andikap (CARD) nan FAU a fonde gras ak yon bon don Fondasyon timoun "Unicorn Children's Foundation" te bay ki pèmèt sèvis konsiltasyon mobil klinik la rankontre avèk manb fanmi ak pwofesyonèl atravè kominote a pou rive touche zòn defavorize yo.



Pou Donasyon & Sipò

Pandan CARD FAU a jwenn sibvansyon atravè lalwa ak yon don ki soti nan Depatman Edikasyon Florid la, nou konte sou jenewozite donatè yo pou nou kontinye bay bon kalite sèvis ki nesèsè pou soutni CARD FAU a nan kominote Otis la. Ou kapab sipòte nou tou nan patisipe nan aktivite espesyal nou yo!

Tanpri vizite www.autism.fau.edu epi klike sou bouton "Donate" la pou patisipe.

Sant pou maladi Otis ak Andikap ki gen Rapò avèk Otis nan Inivèsite Atlantik Florid la se youn pami sèt (7) sant nan tout eta a. Tanpri vizite www.florida-card.org pou jwenn enfòmasyon sou tout eta a.

CARD FAU a sèvi abitan kap viv nan Indian River, Martin, Okeechobee, Palm Beach ak rejyon St. Lucie. Biwo nou yo lokalize nan vil Boca Raton, Jupiter ak Port St. Lucie.

Pou plis Enfòmasyon:

1- 888-632-6395
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Kopi bibliyasyon sa akapab ekziste nan yon fòm altènatif nan kontakte CARD nancard@fau.edu oswa 1-888-632- 6395. tanpri tann omwen 10 jou pou yo fè pwosedi demann s a.

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Premye chwa nan Florid pou Sipò sou Otis



ankouraje

enspire



ranfòse



Kisa Deranjman Espèk Otis la Ye?

Deranjman Espèk Otis (ASD) la enkli:

- Deranjman espèk Otis (nivo 1-3)
- Deranjman Otistik
- Deranjman Asperger
- Deranjman nan devlopman jeneral ki pa espesifye (PDD-NOS)
- Sendwòm Rett
- Deranjman danfans Dezentegre

Baz defisi viktim ASD yo enkli kontraryete nan kominikasyon sosyal ak konpòtman repetitif e limite ak enterè. Dekouvèt ak entèvansyon atan esansyèl pou viktim ASD yo rive reprann yo.

Ki Objektif Nou?

Objektif CARD FAU a se sèvi moun kap viv avèk kontraryete espèk Otis pandan egzistans yo nan ede yo pou yo devni manb valab nan pwòp kominote yo. CARD FAU a ofri sipò gratis nan anviwonman lakay ou, kominote, pwogram gadri, lekòl ak kominote yo nan kontèks natirèl gratis. Estaf nou yo prè pou rankontre avèk yon viktim ASD oswa yon manb fanmi l pou devlope yon plan pou sèvis ak sipò. Nou planifye pou vizit biwo, vizit adomisil, vizit lekòl ak konsiltasyon pa telefòn/imèl.

www.autism.fau.edu

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LONJE MEN BAY KOMINITE A



Ki Moun Nou Sèvi?

CARD FAU a sèvi moun nan kèlkeswa laj ki gen yon dyagnostik ASD pozitif oswa yon andikap ki gen rapò ak sa enkli, soud-avèg (kontraryete pou tande ak wè) anplis kontraryete tande oswa wè ki lye avèk lòt kondisyon domaj.

We also serve family members, friends and professionals.

Kòmman Nou Kapab Ede W?

CARD FAU a kapab ofri . . .

Konsiltasyon pou paran ak pwofesyonèl nan ajans ak lekòl yo pou:

Anseye nouvo metye
Rezoud chanjman konpòtman
Amelyore kominikasyon
Devlope kapasite sosyal

- Seminè fòmasyon pou fanmi ak pwofesyonèl nan lekòl ak sant yo sou yon varyete sijè:

Entèvansyon ak sipò sou konpòtman
Metye sou demann
Estrateji enstitisyonèl
Kapasite pou fonksyone
Fòmasyon sou Twalèt
Tranzisyon nan laj adilt
Estrateji vizyèl
Avèk lanmou, Sekirite

- Gen resous ak referans pou sèvis pwofesyonèl tankou terapris, doktè, aktivis ak anpil lòt
- Konsyantizasyon ak enfòmasyon konsènan otisak lòt kontraryete ki genrapò ak li
- Gwoup sipò ak koneksyon kominotè

. . . anplis sipò estrateji pou ede w, fanmi w ak pwofesyonèl kap travay avèk ou.