

Stay #HealthySafeStrong



Monday Morning Update March 29, 2021

[COVID-19 Resources](#)

[Testing sites, meals sites, health tips and more COVID-19 updates and resources](#)

Children's Services Council has compiled an ongoing list of local resources that Palm Beach County families may find helpful in these uncertain times. [Click here](#) for links to federal, state and local resources and as well as educational resources for your family.

News

Council Update: Youngest children at greatest risk for abuse, neglect

More than 4 out of every 1,000 Palm Beach County children were victims of abuse or neglect last year. Of those, nearly 47 percent were under age 5 and more than 72 percent were under age 10. With this in mind, the board of Children's Services Council of

How much do you know about Non-Opioid choices?

The Palm Beach County Behavioral Health Coalition is working with Community Anti-Drug Coalitions of America (CADCA) to inform communities on available non-opioid options for pain management. We'd like to hear from you! [Click here](#) to take the quick survey.

A Phenomenological Study: Lived Experiences of Black Parents and Guardians Through the ASD Identification Process

Florida Atlantic University is recruiting parents and/or guardians for one-to-one interviews, as part of a research project to better understand the lived experiences of Black parents and guardians through the autism

Palm Beach County proclaimed April as Child Abuse Prevention Month at its most recent meeting. Please click here for more information about the Council's actions. [Click here](#) to learn more.

2021 Youth Summit Survey

The Palm Beach County Behavioral Health Coalition, in partnership with Boys and Girls Club and Community Partners, will be hosting a Youth Summit on Saturday, May 1, 2021. They would like to hear what topics you would like to be included so students can end their year on a good note. Please [click here](#) to take the survey.

Call for Proposals: 2021 Annual Early Childhood Education Conference "EMPOWER 21"

The Early Learning Coalition of Palm Beach County is pleased to announce the 2021 Annual Early Childhood Education Conference, "EMPOWER 21," on **Saturday, June 12, 2021, 8 a.m. to 2:30 p.m.** This year, we have added a new audience to our conference – Parents! We would like to invite you to participate in this virtual event by submitting a workshop proposal to share your expertise with directors, educators, and parents who are all part of educating young learners. All proposal submissions MUST answer the required questions below with submission by **11:59**

BAM! Festival of Books, Art and Music

Saturday, April 10
8:30 a.m. - 5:30 p.m.
Virtual

BAM Festival is a FREE Books, Art, and Music festival with 40+ of the nation's award-winning and bestselling authors and illustrators like Jason Reynolds, Sabaa Tahir, Ryan T. Higgins and so many more. Take part in panels, activities, and general fun from the comfort of your home! Register now to receive an email containing all the secret links and passwords to attend all panels, activities and workshops via Zoom or YouTube. This is a FREE event but there are limited slots. Sign up now to secure your virtual ticket! [Click here](#) to learn more and to register.

The John Foley Legal Scholarship Fund

The Nonprofit Chamber for Health and Human Services has established a scholarship fund in memory of John Foley. It will be used to provide a scholarship to a Florida law student who is going to specialize in public interest law, as John did. The scholarship will be awarded at the Chamber's Community Spirit Awards Luncheon in September. John was our first recipient of this award. You can donate by [clicking here](#) or send a check to: John Foley Legal Scholarship Fund, Legal Aid Society of Palm Beach County, 423 Fern St #200, West Palm Beach, FL 33401.

spectrum disorder identification process. To participate, you must reside in Florida and be a parent/guardian of a Black child (of any age) identified with autism. To learn more, contact Maryellen Quinn-Lunny at mqlunny@fau.edu or call 561.221.3436.

E-RoadMap's Operation No Food Gap

E-RoadMap's Operation No Food Gap is leading the movement to end hunger, rallying our community together to create a healthier, more capable Palm Bay and beyond. Their work includes serving as a last mile distributor to deliver food to low income families and individuals financially burdened by COVID-19, and those living in deemed "food deserts" in Palm Beach County. [Click here](#) to learn more about the program.

Notice of Funding Opportunity with Palm Beach County Youth Services Department

Palm Beach County Youth Services Department (YSD) will be accepting proposals for the Community Based Agency program for Fiscal Years (FY) 2022-2024 (October 1, 2021 – September 30, 2024). Contracts issued will be for one (1) three (3) year period. Proposers must clearly identify how their service or program(s) address the below Action Area(s) identified in the Youth Master Plan for Palm Beach County entitled "Strengthening the Steps to Success" (YMP). [Click here](#) to learn more.

p.m. on April 5, 2021 to be considered for the 2021 Conference Program. Please be sure to click "SUBMIT." [Click here](#) to learn more.

Legal Aid of Palm Beach County's Rapid Response Eviction Assistance Program

Legal Aid of Palm Beach County just opened its Rapid Response Eviction Assistance III Program (RREAP III). This program will provide legal representation and rental assistance to undocumented tenant households that have experienced loss of income, reduction in hours, or unemployment as a result of the COVID-19 pandemic. The RREAP III program will negotiate temporary rent reductions, rental payment plans, deferred payments; mediate landlord/tenant rent payment agreements and draft settlement agreement. Learn more during at their Zoom session on **Tuesday, March 30, at 11 a.m.** Please

RSVP cdawson@legalaidpbc.org with the name, phone number and email address of the staff members that will attend.

Prime Time Palm Beach County is seeking presenters for its virtual Afterschool Symposium 2021

On May 13-14, 2021, Prime Time Palm Beach County will host its virtual Afterschool Symposium. This year's theme is Unmasking your Potential: Building Systems and Programs where ALL Youth can Thrive. Prime Time is seeking educational workshops that focus on innovative strategies, programs, systems and policies that have proven to increase equitable opportunities for ALL youth to succeed and thrive (with particular consideration for youth who have been oppressed and excluded. The workshops should be engaging, educational and enlightening. [Click here](#) for workshop RFP details and [click here](#) for event information.

Florida Children's Council: Capitol Connection

Florida Children's Council's Capitol Connection is a weekly email update sent during Legislative Session to keep you informed of all proposed legislation related to children, youth and families in Florida. This newsletter provides concise and timely information regarding current public policy issues. Each subsequent edition will only include the bills from the initial list that moved through the process that week:

- [Week 1](#)
- [Week 2](#)
- [Week 3](#)

Palm Beach County Youth Services Department launches Provider Presentations

The Palm Beach County Youth Services Department launched a new "provider presentation" section on its website to give parents and caregivers a chance to learn more about the approved 2021 summer camp providers. The scholarship includes all tuition and fees for children residing in families with income at or below 150% of Federal Poverty Guidelines. Parent applications are being accepted through **April 2, 2021**. [Click here](#) to access the program's provider presentations

Florida GLR Campaign Summer Literacy Acceleration Grants

The Florida Grade Level Reading Campaign (FGLRC) is seeking innovative applications for targeted reading interventions designed to lead to positive child outcomes in reading skills. The FGLRC has allocated at least \$50,000 to be awarded in mini grants up to \$5,000 per program site. All types of in-person and online Summer Learning Programs serving children who have completed grades K-5, in counties with active GLR campaigns are eligible to apply. Mini-grant funding may be allocated for the purchase of

Apply today to the Alyssa Sangeeta Jacobson Scholarship

This scholarship is named in memory of Alyssa Sangeeta Jacobson. Alyssa was committed to living a self-sufficient life and discovering her passions. Her determination to pursue education, earning undergraduate and graduate degrees, enabled her to live consistent with those commitments. The scholarship amount is \$1,000.00 a year, to be distributed over two semesters. The funds for an awarded scholarship will be released upon proof of enrollment. The scholarship may be renewed for

or to apply to the summer camp scholarship program.

reading skills curricula, contracting with certified reading teachers, program staff professional development fees and training hours, plus additional materials needed to implement proposed reading instruction programs. [Click here](#) to learn more and to apply. Application deadline is **March 31**.

up to four years, depending on the degree or certificate program. Students that are involved in the dependency or delinquency system and members of Future Leaders youth council are encouraged to apply. [Click here](#) to learn more. Deadline to apply is **April 16**.

211's Online Resource Directory Is Available Anytime

211's Online Resource Directory is easy to use, frequently updated and just a click away! Self-search hundreds of resources and services from local, state and national providers at www.211palmbeach.org - click on "Get Help Now" or reach out by dialing 2-1-1 or texting your zip code to 898211 (24/7). Quality, trusted and reliable! #Help.Starts.Here!

Anquan Boldin's Q81 Foundation scholarships for high school seniors

The Q81 Foundation is still accepting scholarship applications now through April 1, 2021! Each year, we grant four \$10,000 scholarships to graduating high school seniors. Applicants must reside in Palm Beach County. [Click here](#) to learn more and apply. Deadline for application submission is **April 1 at 11:59 p.m.**



NEW videos on our YouTube channel!

From expert advice on what to do when your kids are acting out, to trusted tips on stopping your children from fighting, watch our new videos on our YouTube page: [YouTube.com/cscpsc](https://www.youtube.com/cscpsc). Please share these new videos with your community partners and networks, as well as share on your social media channels! We will continue to add new video content for sharing weekly.

[Subscribe today](#)

Events

Mary Murry Scholarship 5K Fun Run/Walk with Young Singers of the Palm Beaches

Saturday, April 10, 2021

Anywhere and every where (virtual)

The Young Singers of the Palm Beaches' annual 5-K provides needy students in 2nd through 12th grade scholarships for music education. Due to COVID restrictions, we are doing things a bit different this year! We are having a VIRTUAL 5K! Register to participate in our Virtual 5K by March 26th, 2021. Come by the Kravis Center on APRIL 10th for our drive-thru event to pick up your swag bag, medal and t-shirt. Send pictures of yourself, friends, family, and pets as you run, WALK, bike, dance or hop your 5K anywhere, any-time between April 10th and April 18th. [Click here](#) to learn more.

Ending the Silence For Families

Wednesday, March 31, 11:30 a.m. - 1 p.m.

Virtual

NAMI Ending the Silence for Families is a 1.5 hour presentation for caregivers of middle or high school aged youth. The presentation includes warning signs, facts, and statistics, how to talk to your child, and how to work with school staff. Presented by two leaders: one who shares an informative presentation and a young adult with a mental health condition who shares their journey of recovery. Audience members can ask questions and gain understanding of an often-misunderstood topic. [Click here](#) to learn more.

Black Maternal Health Conference

April 16 - 17

Virtual

Founded and led by the Black Mamas Matter Alliance (BMMA), the Black Maternal Health Conference (BMHC) is the premiere assembly for Black women, clinicians, professionals, advocates, and other stakeholders working to improve maternal health using the birth justice, reproductive justice, and human rights frameworks. This year's virtual conference will offer a national space for learning, rich discussions, and mobilization to transform Black maternal health, rights and justice. [Click here](#) to learn more and to register.

This Girl Can! Career Inspiration for Young Women

Saturday, April 24

10 - 11 a.m.

Virtual

Women United invites 6th-8th grade girls for a day of fun, friendship and hands-on learning! The virtual "This Girl Can" Workshop is designed to show middle school girls they can be anything they put their minds to! This free program will provide 6th-8th grade girls in Palm Beach County with a free, interactive workshop and a swag bag of items mailed to registered participants. This is a day your middle schooler won't want to miss! We encourage early registration to ensure your swag bag arrives on time. [Click here](#) to register.

Back to School PBC: Drive-Up Event

Saturday, July 24

Registration is now open for the 2021 Back to School PBC Drive-Up Event! Students can receive free school supplies and other resources by **registering online and entering the code: PBCOCR**. Registration is required. Students must reside in designated neighborhoods or mobile park homes in unincorporated Palm Beach County to be eligible to register. [Click here](#) to register.

Heroes 5K Run/Walk with Children's Home Society of Florida

Saturday, April 24, 2021

Okeeheelee Park

7715 Forest Hill Blvd.,

West Palm Beach

7:30 a.m.

Bring the whole family out for a beautiful day at Okeeheelee Park to include a timed run and kids fun run! Not only will you be helping us invest in the future of children in your community, you'll be joining us in honoring our everyday heroes, Palm Beach County firefighters and police. Virtual option also available so you can run anywhere anytime! [Click here](#) to learn more and to register.

Trainings

Florida Association for Infant Mental Health's Training Academy: The Growing Brain from Birth to 5 Years

Thursdays, April 1 - 22
Zoom

This innovative training curriculum focuses on evidence-informed knowledge and strategies with which to prepare professionals who work with infants and young children for their vital role in building healthy brains. The curriculum fills a unique niche by providing a comprehensive understanding of how the brain develops, along with ways the professional can encourage healthy brain development in children from birth to 5 years old. [Click here](#) to learn more and to register.

The Growing Brain: From Birth to 5 Years Old

June 4 - July 16
1 - 4 p.m.

Decades of research indicate that the early years of life are a period of exponential brain development, characterized by great opportunity and vulnerability, dependent on the relationships and environment in which the child is growing. This innovative workshop presents the information using lecture, hands-on activities and discussion to illustrate the comprehensive concepts every practitioner should know when working with young children and their families. [Click here](#) to learn more and to register.

Trauma and Play Therapy

Virtual

April Classes for Pregnant and New Parents with Healthy Mothers, Healthy Babies

Throughout April
Online

Healthy Mothers, Healthy Babies of Palm Beach County is here to support you through pregnancy with educational classes and groups. Register today for upcoming support groups and educational classes for pregnant and new parents like Small Steps, Great Parents classes and Circle of Moms. All are at no cost, but registration is required. [Click here](#) to learn more and to register.

ACEs: Trauma to Resilience

Virtual

This 2.5 hour on-demand, online workshop provides an overview of the ACE study, the impact of ACEs, brain development, the results of ACEs, and how to build resilience. Participants will learn outcomes and findings of the ACEs study; the impact of ACEs over lifelong health; the definition of toxic stress and its impact on the developing brain; the results of ACEs and the importance of Resilience and how resilience is built. [Click here](#) to register or learn more about this workshop.

Online Workshops to help college students destress and find success

April 13

Moms with Monitors

Monday, April 12
10 a.m. - 12 p.m.
Zoom

Moms with Monitors will discuss the importance of monitoring your blood pressure before, during and after pregnancy. Learn from community partners about what blood pressure numbers mean, how often to check it, chronic hypertension and how it affects women of color. Participants will also learn the best way to treat high blood pressure during pregnancy and how to discuss these issues with your medical provider. Additional information about nutrition and healthy eating, breastfeeding and early child development will be shared by community partners. [Click here](#) to learn more and register,.

Play Therapy with Families

Virtual

Most challenges presented by children are really family challenges. Since most of a child's experiences in life are controlled by the adults in their world, it makes sense that working together as a family group will provide the best possible outcomes for a child. This 1-hour on-demand, online workshop will focus on using play in sessions with families. Specific activities and strategies will be explored. Earn 1 non-contact APT and CEU! [Click here](#) to learn more and to register.

FAU CARD Little Owls Online Parent Training on Autism in Spanish

Saturdays: April 10, 17 and 24

The stress of the last year has made it even more crucial for professionals and caregivers to learn effective ways of helping children express their feelings, cope, and heal. This 1-hour online workshop will focus on using Play Therapy with clients of all ages who have experienced trauma. Specific activities and strategies will be explored. Earn 1 non-contact APT and CEU. [Click here](#) to learn more.

Virtual

Surviving college is already a challenge. But in the middle of a global pandemic?! That's why we're pleased to announce the Achieve Your Success workshop, created by Achieve's Post-High School Advising & Guidance Team.

This virtual series is open to any college-age student in Palm Beach County—regardless of whether they're even enrolled right now. [Click here](#) to learn more and to register.

10 a.m. - 12 p.m.

This free, three session training for parents of children up to age 6 with autism covers topics such as, encouraging social communication, preventing problem behavior and resources. [Click here](#) to learn more and register.

Follow My Lead! Workshop incorporating a clean language approach into art, play and sandtray therapy techniques

Friday, April 16
2 - 4 p.m.
Virtual

This webinar will serve as a guide for play therapists to infuse their practice with art, play and sandtray activities that will aid in with a variety of presenting concerns, ages and situations. Play Therapists will be able to incorporate learned skills into their clinical approach and techniques into in person and online telehealth services. Ethical considerations, diversity and limitations will also be explored. [Click here](#) to learn more.

Project ReachOut

Thursdays
7 p.m.

This is a tele-health program created to support parents by discussing stress management, anger management, parenting skills, effective communication and healthy coping skills. The program is FREE. The Spanish speaking group is conducted on Thursdays at 7 p.m., once per week for 10 weekly sessions. Currently taking intakes for English speaking clients with group time/day TBD. To register, you must be a Palm Beach county resident, parent of child(ren) 17 and under or expecting and willing to commit to 10 sessions. Please contact Stephanie Vega at either 561.383.9800 ext. 1173 or email stephanievega@helphomesafe.org.

Disparities, Action, and Patient-Engaged Research in Perinatal Mental Health

Thursday, April 8
12 - 1:30 p.m.
Virtual

We often describe maternal mental health disorders, but must also talk about the racial disparities that exist among them. In this presentation, Dr. Tabb Dina will discuss how perinatal mental disorders affect women of various races and present patient-engaged strategies to reduce perinatal mental health disparities. [Click here](#) to learn more and to register.

Additional Resources

[Visit the CSC website](#)
[CSC Employment](#)
[CSC Provider Agency Employment](#)
[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpbcc.org. [Click here](#) to review the MMU Submission Guidelines.

Stay Connected!

