

INTER-AGENCY NETWORK OF PALM BEACH COUNTY

"Together...making a world of difference!"



All Are Welcome!

Thank you for your participation in one of Palm Beach County's oldest
"community-wide" networking groups!

Upcoming:

**Tuesday June 7 th, 2026
9:00 am Meeting**

June Speaker TBD

Meetings run the First
Tuesday of each month August-June
(we are off July) Guest Speakers Listed Below Graphic

March hybrid meeting usual Location:

Nonprofits First Inc.
1818 S Australian Ave #450, West Palm Beach, FL 33409

Virtual Option:

<https://us02web.zoom.us/j/88245756794?pwd=YzVHKwZVnmqRzygmftwJk8lmlK1G6a.1>

Meeting ID: 882 4575 6794
Passcode: 104447

[Add to calendar or for mobile instructions etc.](#)

Mental Health Awareness Month

Thank You to May's Guest Speakers

United Way's Mentor Center
Jarryn Ivery, Mentoring Initiative
Specialist 561-375-6642
Jarrynivery@unitedwaypbc.org

Drug Abuse Foundation
Ashley Ridley, Director of Prevention,
Outreach, & Community Relations
561-278-0000
Ashley_Ridley@dafpbc.org

May's CHAT Notes





Guest speaker, Ashley Ridley and IAN Chair Patrice Schroeder pose in the spirit of Get Your Green On for May- Mental Health Awareness Month.

Learn more about GYGO activities during May at www.GetYourGreenOn.org

Note several GYGO events are posted below.

[Click here to get monthly IAN meeting invites](#)

Community Activities/Events

PLEASE SCROLL TO VIEW EACH

Note: some flyers may be out of chronological order

Please reach out to the agencies organizers themselves for any additional information...



Opioids Basic and Safety Awareness

Information session from the **Health Council of Southeast Florida** about Opioids.



Topics will include:

- Types of Opioids
- How Opioids Affect the Brain
- Opioid Use Disorder - How It Happens
- Stopping an Overdose - Naloxone
- How you Can Help
- Recovery is Possible



MONDAY
MAY 11
2PM

Overdose Data to Action (OD2A) is a national grant program with 100% of its funding from the Centers for Disease Control and Prevention (CDC) of the U.S. and the Department of Health and Human Services (HHS). The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government.

📍 **RIVIERA BEACH PUBLIC LIBRARY**
2129 N. Congress Ave • Riviera Beach • FL 33404

📞 **561.845.4195**

✉ **Library@rivierabeach.org**

SINCE SPACE IS LIMITED, RESERVATIONS ARE HIGHLY RECOMMENDED

MISSED OUT ON GETTING HEALTH COVERAGE DURING THE OPEN ENROLLMENT PERIOD?

YOU MAY QUALIFY FOR A SPECIAL ENROLLMENT PERIOD



Qualifying Life Events for Special Enrollment

- Change of income
- Change in family relations (i.e. marriage, divorce, pregnancy)
- Change in citizenship or immigration status
- Moved from another state
- Change in student status
- Release from incarceration



Scan the QR code
to schedule a
meeting with a
Licensed Navigator

 **BOOK NOW**



Disclaimer: This program is supported by the Centers for Medicare & Medicaid Services (CMS) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$1,379,250, with 100 percent funded by CMS/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, CMS/HHS, or the U.S. Government.

**You have the power to protect
your peace of mind.**

(561) 844-4220 ext. 1800
Call or Text (561) 440-0164
www.hcsef.org



HEALTH COUNCIL
OF SOUTHEAST FLORIDA
GETTING PEOPLE TO HEALTH

Get Your Green On Activities



**WEAR GREEN
THURSDAY MAY 21, 2026**

**Go to GetYourGreenOn.org to
find events taking place
throughout May**

**2026 Theme: Rooted in
Resiliency**

**[www.GetYourGreenOn.o
rg](http://www.GetYourGreenOn.org)**



MENTAL HEALTH AWARENESS NIGHT

PRESENTED BY THE GET YOUR GREEN ON CAMPAIGN

FRIDAY, MAY 15TH
FIRST PITCH @ 6:30PM



vs



PURCHASE TICKETS
USING THE QR CODE!

\$10 GAME
TICKET

**\$5 FROM EVERY TICKET GOES
BACK TO GET YOUR GREEN ON!**

CELEBRATE MENTAL HEALTH CHAMPIONS
THROUGHOUT OUR COMMUNITY

Learn more about mental health awareness
and resources available throughout
the Palm Beach County community!

For more info, please contact:

Justin Johnson (561) 799-3806

JustinJ@rogerdeanchevroletstadium.com



Roger Dean CHEVROLET
STADIUM



4751 Main St, Jupiter, FL 33458



GYGO HUNT '26

*Mental Health Scavenger Hunt
throughout the month of May
"Rooted In Resilience"*



PBCBHC
Palm Beach County
Behavioral Health Coalition
Building A Healthier Community



JFS
Ferd & Gladys Albert
Jewish Family Service
of Palm Beach County



PALM BEACH COUNTY
PARKS & RECREATION



- Download free **GOOSECHASE** app
- Set up free account or play as guest.
- Find **GYGOHUNT'26**
or join code **UXV54H**
or use QR code
- Create your own team or fly solo.
- Complete missions. Earn points.
- Improve mental health and awareness of local resources.
- Share with others!
- Win prizes.
- Hunt starts May 1st - May 31st.

For Hunt Help contact Prevention@pbcbhc.org

For more events: www.pbcbirthto22.com/gygo/

SCAN HERE



MENTAL HEALTH IN RURAL COMMUNITIES



LET'S TALK ABOUT IT.

Access to mental health services in rural areas comes with real challenges. This virtual seminar will explore:

- Gaps in mental health care in rural communities
- Barriers to treatment
- Culturally responsive and alternative approaches to care
- Strategies for improving access and support

Who should attend:

Community members, health professionals, advocates, and anyone interested in rural mental health.

No registration required. Just click the link and join us.

May 11, 2026

5:00 PM

Location: Zoom

<https://us06web.zoom.us/j/8814001585>



A free event for teens

Speak Life: An Evening for Resiliency

Building a stronger Palm Beach County through bullying prevention,
mental health support, and substance use prevention.

MAY 12, 2026 **6:30 - 8:30PM**

Doors open 6PM • Program begins at 6:30PM

PBSC - Duncan Theater - **Stage West**

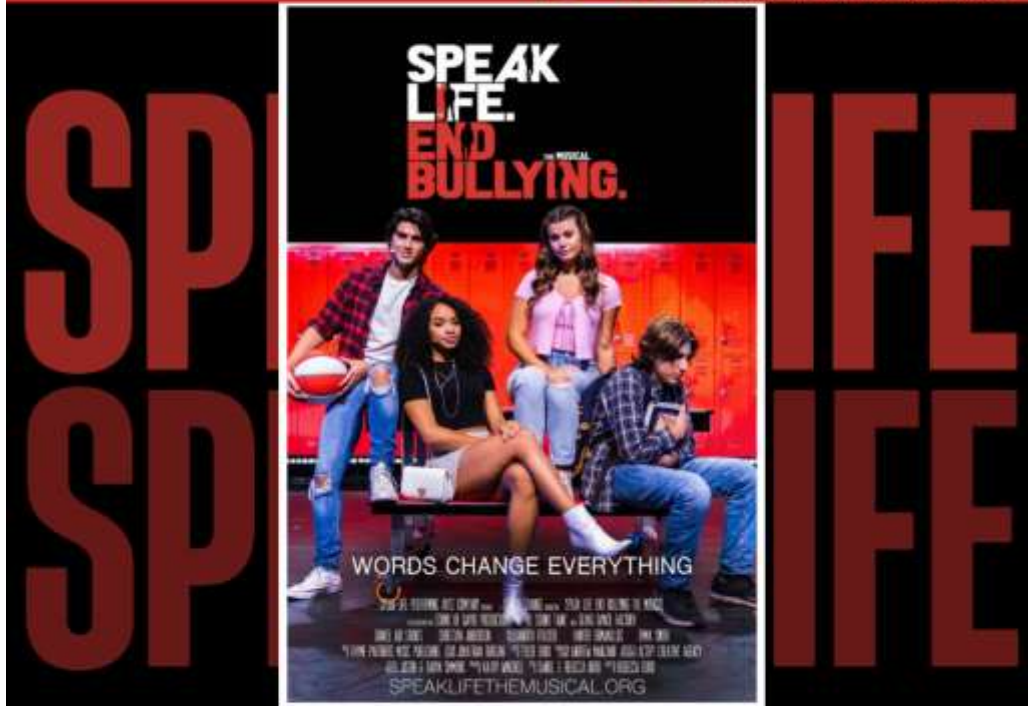
4200 S Congress Ave,
Lake Worth Beach, FL 33461

NEW
NEW
NEW
NEW
NEW

SPACE IS LIMITED
SIGN UP HERE:



SPEAKLIFETHEMUSICAL.ORG



TEEN CIA
TEEN COALITION IN ACTION

Presented by



PBCBHC
Palm Beach County
Behavioral Health Coalition
Building A Healthier Community

Summer Nights
DONE RIGHT
alcohol & drug free



FLORIDA DEPARTMENT
OF CHILDREN AND FAMILIES
MYFLFAMILIES.COM

Southeast Florida
BEHAVIORAL HEALTH NETWORK



HOMELESS AND HOUSING ALLIANCE OF PALM BEACH COUNTY



May HHA Trainings:

Centering Mental Health. Elevating Care. Strengthening Our Continuum.

In recognition of Mental Health Awareness Month, we pause to highlight the vital role mental health plays in housing stability and overall well-being. Our shared work calls us to continually grow—staying informed on best practices, strengthening our skills, and deepening our impact. Together, we can build a system of care that is compassionate, coordinated, and grounded in what works.



The Power of Stigma

May 12, 2026, 9:00 - 10:30 am

Location: 810 Datura Street, WPB, Basement Conference Room

We are also pleased to offer "The Power of Stigma," a training offered by Hanley Foundation. This session explores how stigma surrounding mental health and substance use disorders can create barriers to care, impact service delivery, and influence outcomes for the individuals and families we serve. Participants will gain insight into the language, perceptions, and systemic factors that contribute to stigma, along with practical strategies to foster more inclusive, respectful, and person-centered interactions. This training supports our Continuum of Care's commitment to reducing barriers and strengthening equitable access to services across our system.

RSVP Today!

[Register Here](#)



Palm Beach County

Mental Health Awareness

May 18, 2026, 9:00 -10:30 am

Location: 1440 MLK Blvd, Riviera Beach

In recognition of Mental Health Awareness Month, we are pleased to highlight the Mental Health Awareness Training offered by National Alliance on Mental Illness (NAMI). This training is designed to build foundational knowledge of mental health conditions, increase awareness of early warning signs, and equip participants with practical strategies to support individuals in need. As our Continuum of Care continues to prioritize best practices and person-centered approaches, this course offers a valuable opportunity to

strengthen our collective capacity to respond with empathy, confidence, and effectiveness. We encourage all partners to participate and continue advancing a more informed and compassionate system of care.

Space is limited!

[RSVP Here](#)



HMIS/CMIS Data Explorer and Technical Assistance

May 19, 2026, 10:00 - 11:00 am

FREE Live Webinar

Whether you're new to ClientTrack or just need a refresher, join the Palm Beach County HMIS team for our monthly training session! Learn how to navigate the database, enter client information, explore features, and generate reports. These interactive sessions are held every 3rd Tuesday of the month—perfect for new users and returning staff alike. Bring your questions and sharpen your HMIS skills!

Save the webinar link below.

[Webinar Link](#)

For registration assistance or questions, please contact Gloria Rodriguez at GRodrigu@pbc.gov.

PBC Community Services Department | 810 Datura Street | West Palm Beach, FL 33401 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!



PBCBHC
Palm Beach County
Behavioral Health Coalition
Building A Healthier Community



TRAUMA INFORMED CARE TRAINING

• ACEs • Trauma • Toxic Stress

An overview of the landmark ACE study, the impact of toxic stress on the developing brain, and how resilience and protective relationships buffer the effects of adversity. **Appropriate for teachers, caregivers, professionals, and anyone who lives or works with children and teens.**

Learning Objectives

Participants will learn...

- About the ACE study, including outcomes and findings;
- Definition of toxic stress and its impact on the developing brain in early childhood and throughout the lifespan;
- Impact of early adversity on lifelong health, mental and physical;
- About the ACEs and Resilience Surveys; and
- The importance of creating trauma-informed and resilience-building practices based on the findings of the ACEs research.

Wednesday, May 13, 2026
9:30AM to 11:00AM
HYBRID - Zoom and In-person
Healthy Mothers Healthy Babies
842 N. Military Trail,
West Palm Beach, FL 33415



1.5 CEUs

*Center for Child Counseling, Inc.
is approved by Florida Board of Licensed
Clinical Social Workers, Licensed
Marriage & Family Therapists and
Licensed Mental Health Counselors
Provider # 50-11511.*

Presenter:
Stephanie De La Cruz
LMHC, RPT-S™
Clinical Supervisor
Center for Child Counseling

Hosted by Palm Beach County
Behavioral Health Coalition
561-374-7627
Prevention@pbcbh.org
Linktr.ee/PBCBHC

**REGISTER
TODAY**



SCAN ME



Get Travel-Ready!

JOIN US FOR PASSPORT DAY

SATURDAY, MAY 16 | 9AM-1PM

Apply for your passport at our branch locations during special Saturday hours.

NORTH COUNTY COURTHOUSE
3188 PGA Blvd.
Palm Beach Gardens

OR

SOUTH COUNTY COURTHOUSE
200 W. Atlantic Ave.
Delray Beach

For appointments, a checklist of required documents and fees, visit:
www.mypalmbeachclerk.com/passport

APPOINTMENTS STRONGLY ENCOURAGED



*Scan the QR Code
to make an
appointment*



MIKE CARUSO
CLERK OF THE CIRCUIT COURT & COMPTROLLER
PALM BEACH COUNTY



Rhonda's PR♥MISE *Hey Sistas*

MENTAL HEALTH

COMMUNITY CONVERSATION

Let's talk. Let's heal. Let's grow—together.



DATE:
Thursday, May 21



TIME:
6:00 pm to 8:00 pm



LOCATION:
Aloft Hotel
in Delray Beach



A safe space for open dialogue, support,
and mental wellness in our community.

You are not alone.



CONNECT



SUPPORT



EMPOWER

*Together, we
can be well.*

YOUTH EMPLOYMENT ESSENTIALS: LAWS, RIGHTS, AND RESOURCES FOR SUMMER WORK

MAY 2026

Learn the rules. Share resources. Support safe youth employment.

Join this free webinar series to learn about child labor protections, young worker rights, and get state-specific employment resources ahead of the summer season.

**FEDERAL
CHILD LABOR
COMPLIANCE
OVERVIEW**

May 5th at 1 p.m. ET

[Wage and Hour Division and EEOC
presentations](#)

**STATE YOUTH
EMPLOYMENT
RESOURCE
FAIRS**

Individual Sessions at 1 p.m. ET

MAY 12TH: [KENTUCKY](#)

MAY 13TH: [TENNESSEE](#)

MAY 14TH: [ALABAMA & MISSISSIPPI](#)

MAY 19TH: [GEORGIA](#)

MAY 20TH: [THE CAROLINAS](#)

MAY 21ST: [FLORIDA](#)



REGISTER USING THE LINKS ABOVE OR QR CODE.
EMPLOYERS, PARENTS, EDUCATORS, YOUNG
WORKERS AND COMMUNITY PARTNERS ARE
ENCOURAGED TO ATTEND.



Thank you for participating in EEOC's past events and/or webinars. I'd like to share information about upcoming outreach events that may be of interest to you, your colleagues, network, or the community you serve. Please share as appropriate.

Thank you and have a wonderful day!

1. May 13, 2026, 2:30 PM (ET) Coffee Break with the EEOC: ADA Accommodation Resources

See the attached flyer for details.

[Coffee Break with the EEOC: ADA Accommodation Resources | Join meeting
in Teams | Microsoft Teams](#)

2. Youth Employment Webinar Series

As summer approaches, it is important for employers, parents, educators, and young workers to understand the rules and resources that support safe and lawful youth employment.

The **Youth Employment Essentials: Laws, Rights, and Resources for Summer Work** webinar series kick off was on May 5th, with a federal session featuring the U.S. Department of Labor's Wage and Hour Division and the U.S. Equal Employment Opportunity Commission. This session provided an overview of federal child labor laws and resources available to support young workers.

The series continues with free **Youth Employment Resource Fairs** focused on state-specific information and resources for participants who are hiring young workers or who want to better understand safe and legal employment opportunities for youth.

Register for Youth Employment Resource Fair below.

[May 21st @ 1:00 p.m. ET: Florida Youth Employment Resource Fair](#)

We encourage you to [register today](#) and share this series with employers, parents, educators, young workers, and community partners in your network. Reach out with any questions.

Best Regards,
Latoya Allen, Outreach & Education Coordinator
U.S. Equal Employment Opportunity Commission - Miami
(Serving Florida, Puerto Rico, U.S. Virgin Islands)
Ph: (786) 648-5838

EEOC website: <https://www.eeoc.gov/>

Outreach, Education & Technical Assistance: <https://www.eeoc.gov/outreach-education-technical-assistance>

Youth at Work: <https://www.eeoc.gov/youth>

SET HEALTH | ELDERS TABLE
PRESENTS:

SPILL THE TEA ON HEALTH:

Collaborating for Recovery & Mental Wellbeing

Join us for a powerful community conversation on mental health and substance use—bringing together providers, families, and community members for real talk, resources, and connection. Enjoy lite bites and coffee while networking and supporting the Get Your Green On campaign.



RSVP TODAY!
SCAN QR CODE



Date
MAY 28 2026



Start At
8:30AM-11:00 AM



Address
**400 S Swinton Ave,
Delray Beach, FL 33444**



HOSTED BY:



FOR MORE INFORMATION
561-302-8064



VENDORS PLEASE RSVP

Community_relations@dafpbci.org



Feel free to share this flyer with anyone who may be interested!

Palm Beach County
LONG-TERM RECOVERY COALITION



DISASTER PREPAREDNESS WORKSHOP



MAY 28TH
9:00am-10:30am

**IT IS HURRICANE
PREPAREDNESS TIME
GET READY!**

Join the Palm Beach County Long-Term Recovery Coalition for its Annual Disaster Preparedness Webinar, a timely and informative session designed for nonprofits, funders, case managers, government officials, volunteers, and emergency management partners.

Event Registration:



DISASTERS HAPPEN

PREPARE

STAY SAFE

RECOVER

[Library Events](#)

Join us for a morning of motivation during our Small Business Week panel discussion: SHE MEANS BUSINESS! Tuesday, May 5, 10 - 11:30 a.m. *Small Business Week: She Means Business!* | Mandel Public Library of West Palm Beach

Gain confidence and preparation in navigating the job market: Get That Job! Wednesday, May 6, 10 a.m. – 3 p.m. *"Get That Job" Workshop* | Mandel Public Library of West Palm Beach

Come out to support local artists and vendors: Mandel Fan Fest Saturday, May 23, 10 a.m. – 4 p.m. *Mandel Fan Fest* | Mandel Public Library of West Palm Beach

To book an appointment for resume and job assistance, please visit our job help page: <https://www.wpb.org/Departments/Mandel-Public-Library-of-West-Palm-Beach/Services/Job-Help-Resources>

*Limited space is still available for community partners who wish to bring a table and participate in our 4th annual Community Resource Marketplace event on Wednesday, July 22, 11 a.m. – 2 p.m. Please reach out to me as soon as possible to secure your spot.

Thank you again to all our community partners for all that you do!

Alyssa Rudinsky

Associate Librarian

Mandel Public Library of West Palm Beach

411 Clematis St. West Palm Beach, FL 33401

arudinsky@wpbcitylibrary.org

561.868.7755 | TTY 800.955.8771

wpbcitylibrary.org

Social Media Training for Providers

June 4, 2026 | 2 PM - 4 PM

Children's Services Council
of Palm Beach County
2300 High Ridge Road,
Boynton Beach

**Save
the
Date!**



RSVP by May 22 to
Allie Conyers at
Allison.Conyers@cscpbcc.org.

Discover strategies and tools to enhance your organization's social media presence and better connect with families across Palm Beach County:

- ✓ The State of Social Media in 2026
- ✓ Short-Form Video That Performs
- ✓ Content That Builds Trust
- ✓ Creator and Influencer Partnerships That Go Beyond the Post
- ✓ The Social CEO: Turning Thought Leadership into Brand Strategy
- ✓ Paid Social Creative That Drives Results
- ✓ AI on Socials: What to Automate, What to Keep Human
- ✓ And More!



@cscpbcc   

We're excited to invite you to an upcoming Social Media Training for CSC-Funded Providers on June 4, 2 pm – 4 pm, at Children's Services Council of Palm Beach County. Please see the attached flyer for training details. This training is designed specifically for staff who manage and post to your organization's social media accounts. If that is not you, please forward this email to the appropriate team member.

In this session, you'll gain practical strategies and tools to enhance your organization's social media presence and more effectively reach and engage families across Palm Beach County. Also, in honor of CSC's 40th

anniversary and our collective impact in Palm Beach County, we'll be sharing an amplification kit and video-creation opportunity inspired by the success of #SeeCSCDay - making it easy for your organization to participate and help amplify our shared impact.

To attend, please RSVP by email to Allie at Allison.Conyers@cscpb.org by May 22.

Please note that this training is popular and space is limited to 60 attendees. Once the training reaches capacity, additional trainings will be offered for those who were unable to attend. We hope to see you there!



We need your help to be the best we can be!

Please check to see if you have completed an update with 211.

Any additional changes throughout the year, let us know.

You can also contact Jennifer Harris to verify.

Tel: 561-231-7220 ext. 1510

Email: jennifer.harris@211pbtc.org

or visit <https://211palmbeach.org/partners>

Simple Ideas & Mindfulness

Make Time For Self-Care

- Learn something new
- Laugh often- watch comedies
- Find a way to "connect" each day
- Turn off the news!
- Make sure information you find is from a reliable source
- Learn how to boost your immune system.
- Get enough quality sleep and rest
- Take the time to exercise
- Don't deprive yourself of a little comfort food- but lean towards fresh fruits & vegetables
- Simply breath! Breath work can reduce anxiety while enhancing the health of your lungs.



Get "grounded" in nature. Whether in meditation or for exercise- this may lift your mood and help you to sleep better.



A nice cup of hot tea & a good read...can be enhanced by nature. Patio, porch or park- nature can uplift your spirits while providing a sense of grounding.

Other Resources

[Building Resiliency- click here](#)

Also let someone you trust know how they can best support you...

[Vibrant Emotional Health-Safe Space](#)-for available coping tools & strategies

"We are in this together!"



See you at the next meeting!