



Monday Morning Update March 16, 2020

News

Meals sites, health tips, child care info and COVID-19 Updates

Access the links below for local resources and tips for keeping you and your family healthy and informed:

- [FoundCare sets up county's first free drive-through testing site for COVID-19 virus](#)
- [Meal sites open during school closure](#)

United Way of Palm Beach County establishes Coronavirus Response Fund

United Way of Palm Beach County has established a Coronavirus Response Fund to help meet community needs. United Way will work with funding partners to establish a unified approach to helping the community. [Click here](#) to learn more.

Palm Beach County Youth Services Dept. Notice of Funding Opportunity

The Palm Beach County Youth Services Department (YSD) will be accepting proposals for the Community Based Agency program for fiscal years (FY) 2021-2023 (October 1, 2020 - September 30, 2023). Proposers must clearly identify how their service/program(s) address the action area(s) identified in the Youth

- [Virtual tours of 12 famous museums](#)
- [Over 30 virtual field trips](#)
- [Scholastic Learn at Home: free daily online courses for kids](#)
- [CDC guidance on pregnant women and COVID-19](#)
- [CDC guidance on COVID-19 and kids](#)
- [Healthy Mother's Healthy Babies emergency pantry for infants](#)
- [Resources and info at pbcgov.org](#)
- [Florida's COVID-19 Case Dashboard](#)

Master Plan (YMP) for Palm Beach County titled "Strengthening the Steps to Success," which can be viewed [here](#). Deadline to submit a proposal is **Monday, April 13, 2020**. [Click here](#) for more information.

Community Service hours with Palm Beach County Sheriff's Office

The Palm Beach County Sheriff's Office offers Community Service hours to anyone who watches either presentation:

- [The 911 Good Samaritan Law presentation](#) is 12 minutes long and offers the viewer an hour of community service by typing their name on a certificate.
- [The Vaping Dangers presentation](#) is 15 minutes long and offers the viewer an hour of community service by typing their name on a certificate.

Free Swimming Lessons for Glades Area Children

The Drowning Prevention Coalition of Palm Beach County will once again be providing free, water safety swimming lessons this summer for non-swimming Glades area children ages 2-12 - at Pioneer Park Aquatic Center. For dates, available sessions and more information, [click here](#).

United Way of Palm Beach County Announces Release of FY 2020-2021 RFA for Special Needs

United Way of Palm Beach County released its Fiscal Year 2020-2021 Request for Applications (RFA) to implement its funding strategies in the area of Special Needs. United Way will hold two applicant orientation sessions on March 12 and 16. Applicants are strongly encouraged to attend one of these sessions. [Click here](#) to learn more and access the RFA application.

Step Up for Students: Apply for the FL \$500 Reading Scholarship

The Reading Scholarship, administered by Step Up For Students, was created to help public school students in third through fifth grade who struggle with reading. The program offers parents access to education savings accounts, worth \$500 each, to pay for tuition and fees related to part-time tutoring, summer and after-school literacy programs, instructional materials and curriculum related to

Call for Nominations Business Champion Awards at Birth to 22

Birth to 22: United for Brighter Futures invites members of the community to nominate for-profit businesses whose support has helped to improve child and youth outcomes. The Business Champion Awards will be presented at the Third Annual Birth to 22 Business Breakfast. **Nominations must be received by 5:00 pm on March 20, 2020**. Business must be a for-profit organization that regularly advocates, provides resources and

Palm Beach County Library System Offers Children & Teens Big Print Books

The Palm Beach County Library System's Children & Teens Services section has a new big print books collection in the Juvenile Fiction and Young Adult sections. While big print and standard print books look the same from the outside, they are different on the inside. Teachers said students reading below grade level showed better comprehension and retention

reading or literacy. [Click here](#) to learn more and apply.

opportunities or funding to support the overall mission of Birth to 22. Businesses may self-nominate or be nominated by others. [Click here](#) to learn more and to access the nominee form.

with big print books. [Click here](#) to learn more.



School nurses: Want your kids to stay healthy? Tell them to wash those hands!

School nurses say parents should teach — and then remind — their children how and when to wash their hands and to not touch their eyes, nose and mouth. They should also cough and sneeze into their elbows to minimize the spread of germs. [Click here](#) to learn more. For more information, local tips and expert advice, create a family profile today on EveryParentPBC.org.

Events

A Day for Autism - Building Bridges with Law Enforcement Picnic

Saturday, March 28
10 a.m - 1 p.m.
Wellington Community Center
12150 Forest Hill Blvd.,
Wellington

Join PBSO, The Village of Wellington, FAU CARD and friends to have a day of fun! Activities include games, petting zoo, bounce house, crafts music, face painting and more. FAU CARD staff and local vendors will be in attendance providing additional information and resources. [Click here](#) to learn more.

April Pool's Day

Saturday, April 4
Aqua Crest Pool
2503 Seacrest Blvd.,
Delray Beach

STEM Saturdays

Saturday, March 28
12 - 2 p.m.
Palm Beach State College
Lake Worth Campus
4200 S Congress Ave.,
Lake Worth

STEM Saturdays are back at Palm Beach State College! Are your kids curious about science? Palm Beach State College faculty invites you and your children (Pre-K to 12) to discover the wonders of Anatomy, Biology, Chemistry, Math, Physics and more at this free monthly educational and interactive experience. [Click here](#) to learn more.

Bloom event with Healthy Mothers, Healthy Babies

Saturday, April 18
10 a.m. - 1 p.m.
The Mall at Wellington Green
10300 Forest Hill Blvd #2000,
Wellington

The Lord's Place: SleepIn for SleepOut 2020

Friday, April 3

The Lord's Place wants to ensure that April 3 remains a night dedicated to those who are homeless. Instead of the public event at which hundreds have slept outside overnight for the past 12 years, the agency will provide "SleepIn for SleepOut Kits." The Lord's Place will provide a virtual and inspiring program, distributed to participants for viewing during their individual SleepIn via web, email and social media. [Click here](#) to learn more.

United Way of Palm Beach County presents Girls Day Out: Create Your Best You!

Saturday, April 25
9 a.m. - 2 p.m.
Palm Beach Atlantic University
901 S. Flagler Drive,

Join PBC Aquatics for this fun and FREE event celebrating April Pools Day! Activities include a safety demonstration, lifeguard challenge, CPR, aquatic vendors, games, door prizes and more. [Click here](#) to learn more.

Bloom, an event for new and expecting moms, is brought to you by Palm Beach Moms Blog in partnership with Healthy Mothers, Healthy Babies. Palm Beach County moms are invited to attend this nationally recognized event, taking place in more than 50 cities across the country. For more information or to become a sponsor [click here](#).

West Palm Beach

Women United invites 6th - 8th grade girls for a day of fun, friendship and hands-on learning! This free program will provide unique workshops exploring topics including leadership, positive self-esteem, social media etiquette, empowerment, and much more! This is a day your middle schooler won't want to miss! Space is limited. We encourage early registration to ensure availability. Breakfast and lunch will be provided. [Click here](#) for more information and to register.

Youth Summit 2020

Saturday, April 25
9 a.m. - 6 p.m.
Palm Beach Lakes Community High School
3505 Shiloh Dr.,
West Palm Beach

Save the Date for this year's Youth Summit: "Mission - I'm Possible. We're Worth It" for middle and high school students. There will be fun activities, exciting workshops, "Speak Up Speak out" discussions and more. Students will receive 10 hours of community service. Parenting workshop stipend included. [Click here](#) to learn more and register.

R.E.A.C.H. Conference

Wednesday, April 29
8 a.m. - 3 p.m.
Palm Beach Airport Holiday Inn
1301 Belvedere Blvd.,
West Palm Beach

R.E.A.C.H. is an interactive business-to-business conference that provides real-life experiences and a practical guide on best practices for hiring, training and retaining individuals with disabilities. Held annually, this year's theme focuses on vision impairment and disabilities. [Click here](#) to learn more and to register.

2020 Annual Early Childhood Education Conference: Ready, Set, Learn!

Saturday, May 30
Palm Beach State College
Lake Worth Campus
4200 Congress Ave.,
Lake Worth

The Early Learning Coalition of Palm Beach County is pleased to announce the 2020 Annual Early Childhood Education Conference: Ready, Set, Learn! This full-day event will provide our local early childhood professionals an opportunity to grow in the areas of Family Engagement, Equity and Diversity in Early Childhood Education (ECE) and many more exciting program areas. [Click here](#) to learn more.

Trainings

Addressing Mental Health Wellness in Black and Brown Students

Tuesday, March 17
6:30 p.m.
Riviera Beach City Hall
600 Blue Heron Blvd., #404
Riviera Beach

The Office of Councilman Douglas Lawson and @OfficiallyEzsa with

Free, Adult Water Safety Presentations

Multiple dates in March
Locations throughout Palm Beach County

Palm Beach County residents interested in receiving free/reduced cost swimming lessons for their non-swimming children ages 2-12, please attend one of the

Navigating Emotional Chaos Using Self-Regulation Skills

Two training opportunities in March through April
Palm Beach State College
Lake Worth and Belle Glade campuses

Join Palm Beach State College's Institute of Excellence in Early Care and Education as they explore how

Mind Over You, Inc., presents a discussion about mental health in our minority communities. [Click here](#) to learn more.

presentations on the calendar. This is an opportunity for those who normally wouldn't qualify for the Coalition's program to take advantage of financial assistance. [Click here](#) to view the calendar.

to navigate emotional chaos using the Five Steps of Self-Regulation from Dr. Becky Bailey's book, *Managing Emotional Mayhem*. This course will offer tools to assist adults in calming their internal chaos first, so they may effectively manage conflicts and emotionally upset children. Ultimately, this will help children to develop healthy self-regulation skills and lifelong success. [Click here](#) to learn more.

Domestic Violence Women's Empowerment & Support Groups
Every Tuesday
6:30 - 7:30 p.m.

Ruth & Norman Rales Jewish Family Services, Inc. (JFS) offers support and hope for survivors of domestic violence and abuse. An intake appointment must be scheduled with an advocate at JFS prior to attending the support group. For more information please call 561.852.3356.

SHARE support groups for pregnancy and infant loss
Multiple dates in March

Healthy Mothers, Healthy Babies of Palm Beach County offers SHARE support groups for pregnancy and infant loss. Topics include the grieving process from pregnancy loss, miscarriage and stillbirth, how losing your baby impacts your relationships and the healing process. [Click here](#) for more information and to register.

Domestic Violence support groups

12 Session Minimum
Wednesdays
March 18, 25
April 1, 8, 15, 22
6:30 - 7:30 p.m.
Center for Family Services
Conference Room
4101 Parker Ave.,
West Palm Beach

The Center for Family Services of Palm Beach County offers free support groups for adult women survivors of domestic violence. [Click here](#) for more information. To register, call 561.616.1222.

ACES, Trauma and Toxic Stress

Tuesday, March 20
9 a.m. - 1 p.m.
Children's Services Council of Palm Beach County
2300 High Ridge Road
Boynton Beach

This 4 hour intensive workshop will provide an overview, hands-on interactive learning, and strategies on becoming trauma-informed. [Click here](#) for more information and how to register.

10th Annual Hopeful TEARS Grief Summit

Friday, May 8
9 a.m. - 4:30 p.m.
Broward Health North Auditorium
201 E Sample Rd.,
Deerfield Beach

Two years after a national tragedy rocked our community, Dr. Hans Watson will return to provide a neurobiological lens to addressing trauma and grief. Therapy techniques, supportive services and brain reactions will be discussed, along with research on ways to support and work through traumatic events. Dr. Watson will share best practices for vicarious trauma in our teachers, first responders and youth growing up with trauma in their backyard. [Click here](#) to register.

Additional Resources

[Visit the CSC website](#)

[CSC Employment](#)

[CSC Provider Agency Employment](#)

[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpsc.org. [Click here](#) to review the MMU Submission Guidelines.

Stay Connected!

