Talking About School Shootings

Our hearts are broken and we grieve for the families of Uvalde, Texas.

Trying to make sense of the horror of another school shooting feels difficult to comprehend or even put into words. Attempting to explain it to our children and provide the assurances that they need may seem overwhelming and challenging for most parents.

With 'Ways to Talk to Children' we have put together information and resources, about school shootings and other topics, to help parents and caregivers navigate those tough conversations.

Visit our Website

Tips for Talking To Your Child

- **Talk about it.** Start the conversation. It never feels like the perfect moment to speak about something of this nature, perhaps start by acknowledging that very feeling.
- **Reassure your child** that it's okay to speak about things that are overwhelming, sad, or scary.
- **Be accepting**, provide unconditional positive regard, and patience.
- **Model** calm reactions. **Read on...**

Learn more or download the tip sheet at: www.centerforchildcounseling.org/waystotalk.

Learn More

[Center for Child Counseling] | [561-244-9499] | **[E-mail]** | **[Website]**

#fightingaces #awayofbeing #waystotalk