Inter-Agency Network Meeting: Tuesday November 7, 9:00 am

IAN of PBC <patrice.schroeder+211pbtc.org@ccsend.com>

Fri 11/3/2023 4:58 PM

To:Updates <updates@gladesinitiative.org>

INTER-AGENCY NETWORK OF PALM BEACH COUNTY

"Together...making a world of difference!"



All Are Welcome!

Thank you for your participation in one of Palm Beach County's oldest "community-wide" networking groups!

Meeting Invite For

November 7, 2023

Start time 9:00 am

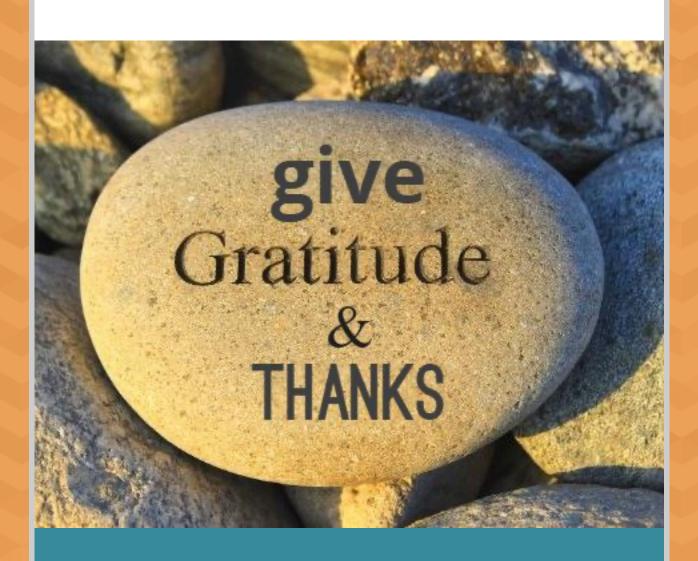
Meetings run the First Tuesday of each month August-June

Mounts Auditorium, 531 N Military Trail,
West Palm Beach, FL 33415
(building located right on Military) Until further notice

We also a hybrid meeting option: Zoom Link

https://us02web.zoom.us/j/88659280348? pwd=QU9KQ05KSDFHOE5nbDJhQklyRENsUT09

Click here for calendar, phone & other zoom info



August - Guest Speaker

Milagros (Millie) Rodriguez, MHA Community Outreach & Engagement Manager FoundCare.

At FoundCare, provides a one-stop shop for healthcare services. These services include pediatric and adult primary care, chronic disease management, behavioral health services, dentistry, laboratory services, X-rays, women's health services (including screening mammography), an on-site pharmacy and more.

Millie Rodriguez, MHA
Community Outreach & Engagement Manager
Phone #: 561-432-5849 ext 156
Cell #- 561-867-1758

Email: mrodriguez@foundcare.org **Website:** www.foundcare.org

September Meeting Chat Notes

CHAT from the October IAN Meeting

WHEN of PBC PowerPoint from presentation

Click here to get monthly meeting invites

Community Activities

Note: please reach out to the agencies themselves for any additional information- as I am merely the messenger!



211 collects seasonal lists that include Thanksgiving Meal sites. Individuals and families looking for a warm holiday meal can visit **www.211palmbeach.org** or click on banner above. You can also download a printable pdf.

If you know of an event that is not listed, please email event details and contact information to *patrice@211pbtc.org*We are also looking for winter holiday meals events and toy giveaways- please send information to the email above.



Community ID of the Palm Beaches

The Community ID of the Palm Beaches is for ANY resident who may have limited access to government issued forms of identification, and for those who support a diverse and inclusive community.

It is not a government issued form of ID or a driver's license, but it is a verifiable form of identification that says you are a part of our community. It can be used as a tool by law enforcement, city agencies, health centers, schools, and businesses to better identify, serve, and protect you.

Your Community, Your ID.

REQUIRED ITEMS YOU MUST BRING WITH YOU:

- Photo Identification: (current or expired driver's license, national ID card, consular ID or other embassy ID, passport)
- Proof of residency: (utility bill, rental agreement, medical bill, bank statement)
- \$20.00 (cash, money order)

(Original documents are required)

MANDEL PUBLIC LIBRARY NOVEMBER 2 10AM - 4PM 411 CLEMATIS STREET 3RD FLOOR, W. PALM BCH

GREENACRES BRANCH LIBRARY NOVEMBER 9 5PM - 7PM 3750 JOG ROAD GREENACRES

MANDEL PUBLIC LIBRARY
NOVEMBER 16
10AM - 4PM
411 CLEMATIS STREET
3RD FLOOR, W. PALM BCH

LEGAL AID SOCIETY OF PALM BEACH COUNTY, INC

423 Fern Street, Ste 200 West Palm Beach, FL Program Contact: (561) 655-8944 Ext 146

www.LegalAidpbc.org

We are pleased to announce NOVEMBER's Community ID events:

November 2 - Hours: 10am - 4pm, Mandel Public Library, Auditorium, 3rd Floor, 411 Clematis Street, WPB

November 9 - Hours: 5pm - 7pm, Greenacres Branch Library, 3750 Jog Road, Greenacres

November 16 - Hours: 10am - 4pm, Mandel Public Library, Auditorium, 3rd Floor, 411 Clematis Street, WPB

Please feel free to share the above info with the community.

Attached are copies of flyers. Please feel free to disseminate. If you have questions or concerns, please email **me** at *scouto@legalaidpbc.org*. Do not respond to this email.

Regards,

Sol Couto
Program Coordinator
Community ID of the Palm Beaches
Legal Aid Society of Palm Beach County, Inc.
423 Fern Street, Ste 200
West Palm Beach, FL. 33401
Tel.: 561-655-8944 Ext. 146
Sol Couto <scouto@legalaidpbc.org>

Palm Beach County Youth Services Department's Education & Training Center presents:

Promoting Emotional Regulation in Children: Evidenced-Based Practices and Internet-Based Resources

Presenter: Laura Cruz, Ph.D.

2 CE CREDITS

The presentation is scheduled through Zoom on Wednesday, November 15, 2023 from the hours of 9:30 am – 11:30 am. Please review the attached flyer for more information.

To RSVP please register at the following link: https://www.surveymonkey.com/r/YWQLHHD

The registration form must be completed by **Tuesday**, **November 14th at 3pm** to RSVP for this training. Once registration is confirmed, link to access the

training will be provided.

You are encouraged to forward this information to any individual that may be interested in the training offered. Visit our website:

www.pbcgov.com/youthservices/EducationCenter for more information regarding our program and for more upcoming workshops.

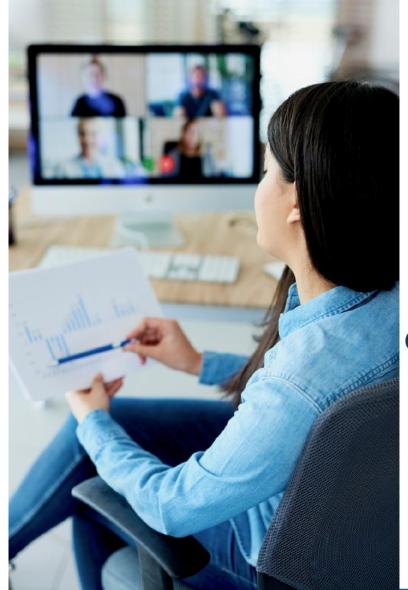
If you do not wish to receive PBC Youth Services Department Training emails please reply Unsubscribe to this email.

Cristal Montepeque | Administrative Technician III Education & Training Center Residential Treatment & Family Counseling Division

100 Australian Avenue, Suite 210 West Palm Beach, FL 33406 Phone: (561) 233-4460

Fax: (561) 233-4475

E-mail: cmontepeque@pbcgov.org Website: www.pbcgov.org/youthservices





Free Online Citizenship Class

September 26th to December 6th, 2023

Prepare for the civics test and naturalization interview. A special program for immigrants living in Florida. Classes meet once a week for 10 weeks on Zoom.

Visit <u>learnenglish.floridaliteracy.org</u> for more information and to sign up!

















Download Flyer Here

WEST PALM BEACH MENTAL HEALTH COALITION'S

6th Annual

MENTAL HEALTH & WELLNESS RESOURCE

FESTIVAL

SAVE the Saturday, February 3rd, 2024
10:00 am - 2:00 pm

FREE FOOD & RAFFLES

Keiser University Flagship Campus- DeVos Building 2600 N Military Trail, West Palm Beach, 33409

*by bus use palmtran.org/TripPlanner

Activities

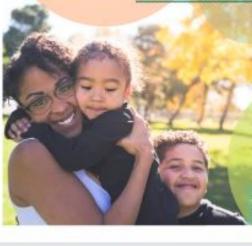
- RESOURCE TABLES
- LOTS OF GIVE-A-WAYS
- DANCE PERFORMANCES
- ORATORS &
- · MUSIC

FREE & Open to the Public

Workshops & Vendors to Include:

Bullying, Human Trafficking, Caregiving Youth, Mental & Emotional Well-Being, Mental Health First Aid, Housing Crisis

*Students attending can earn community service hours!









Questions: (561) 660-8156

Vendor/Exhibitor Registration:

www.WestPalmBeachMentalHealth.com

CONCERNED ABOUT A FAMILY MEMBER OR FRIEND?



Are they thinking about suicide?

Do they:

- Talk about wanting to die
- · Feel trapped or in unbegrable pain
- Worry about being a burden to others
- · Feel hopeless or feel they have no reason to live
- Withdraw or isolate themselves
- · Increase the use of sicohol or drugs
- · Feel anxious or agitated; behave recklessly
- · Show rage or talking about seeking revenge
- · Have extreme mood ewings

NEED HELP? Call or Text 988 to get connected

SUIÇIDES IN FLORIDA FAR OUTNUMBER HOMICIDES

SUICIDE ATTEMPTS WITH GUNS ARE FAR MORE DEADLY THAN OTHER METHODS

FIREARMS ARE THE LEADING METHOD OF SUICIDE IN FLORIDA

HELP SAVE A LIFE

- Ask directly if they are thinking about suicide and listen.
- Putting time and distance between a person thinking about suicide and a gun may save a life.
- Offer to store a firearm for your loved one until they are feeling well.
- Encourage them to keep their firearm locked and unlocked.

NEED HELP? Call or Text 988 Press 1 for Veterans



Press 1 for Veterans Press 2 for Spanish

Or Text "Talk" to 741741 for English or "Ayuda" for Spanish





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If you would like to download rack card- click here

Note: 211 is the regional responder for the rebranded 988 Suicide & Crisis Lifeline. People who are experiencing a mental health, suicide crisis or struggling with substance use can dial 2-1-1 or 9-8-8, 24/7.



SY 23-24 DATES FOR ADULT EDUCATION

Adult Education Calendar- Click here



We are excited to announce that GBDC Entrepreneurship Institute has partnered with the Palm Beach County Community Service Department to utilize our Mobile Technology Bus (#MELTBUS) in assisting Palm Beach County residents who are struggling to pay their rent, utilities, or facing housing instability by helping them apply for assistance through the Rent & Utility Assistance Program!

Our team will be available at the following locations:

DATE	TIME	LOCATION
Mondays	1:00 PM- 6:00 PM	Pompey Park
Tuesdays	1:00 PM- 6:00 PM	Bryant Park
Wednesdays	1:00 PM- 6:00 PM	Haverhill Baptist Church



ALL PEOPLE'S DAY DIVERSITY FESTIVAL

Saturday, March 30, 2024
Pompey Park, 1101 NW 2nd St, Delray Beach, FL
11am - 3pm

If you haven't already done so please save the date for the **FREE All People's Day Diversity Festival at Pompey Park** in Delray for Sat. March 30, 2024, from 11am to 3pm. Kids free Craft Dough People workshop from 9:30 to 11:00. For the first time we won't be having the festival during the school break!

I collect names and contacts all year round and put them on lists to be used by our committees in September. So email any to me with the name, email and phone. These are the categories':

- 1) If you or your business want to be Sponsors getting great perks
- 2) Sign up for a \$35 Selling Booth plus raffle prize or a free Non Selling Booth that is interactive.
- 3) To volunteer at the festival and get a free APD Tee-Shirt
- 4) Sign up for kids Ages 4 to 11 who want to attend the free Craft Dough People Workshop. Our website also has a free video so you can make this project any time.

THANKS IN ADVANCE and check out our website below to see photos of the 2023 festival and more.!

CONTINUE TO HAVE A GREAT SUMMER!

PEACE & LOVE, Susan

Susan Berkowitz-Schwartz Founder / President of All People's Day, Inc. (561) 495-9818

http://www.allpeoplesday.org

Forum for Non Profits Radio Show Sponsored by the Spirit of Giving Network Radio Host: Cara Zimmerman 561-212-5528 carabeadz29@gmail.com



The Forum for Nonprofits is a radio show designed to provide nonprofit organizations a valuable public platform to explain the mission. An added benefit is to educate the community on your needs such as donors, volunteers and or sponsors. The show is taped every Tuesday at 11:00 am from the convenience of your phone to ours.

We would *love* the opportunity, free of charge, to highlight your organization. Looking forward to hearing from you and get you on the calendar!



Simple Ideas & Mindfulness

Make Time For Self-Care

- Learn something new
- Laugh often- watch comedies
- Find a way to "connect" each day
- Turn off the news!
- Make sure information you find is from a reliable source
- Learn how to boost your immune system.
- Get enough quality sleep and rest



A nice cup of hot tea & a good read...can be enhanced by nature. Patio, porch or park- nature can uplift

- Take the time to exercise
- Don't deprive yourself of a little comfort food- but lean towards fresh fruits & vegetables
- Simply breath! Breath work can reduce anxiety while enhancing the health of your lungs.



Get "grounded" in nature. Whether in meditation or for exercise- this may lift your mood and help you to sleep better. your spirits while providing a sense of grounding.

Other Resources

<u>Building Resiliency - click</u> <u>here</u>

Also let someone you trust know how they can best support you...

<u>Vibrant Emotional Health-</u> <u>Safe Space</u>-for available coping tools & strategies

"We are in this together!"

See you at the next meeting!

211 Palm Beach/Treasure Coast | PO Box 3588, Lantana, FL 33465

<u>Unsubscribe updates@gladesinitiative.org</u>

<u>Update Profile | Constant Contact Data Notice</u>

Sent by patrice.schroeder@211pbtc.org powered by



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