

Be Strong.
Be Aware.
Be Prepared.



WOMEN'S *Personal* SAFETY CLASS

KNOW IT. OWN IT. LIVE IT.

Join us for an interactive and empowering class designed to help women build confidence, awareness, and practical skills for everyday safety.

TOPICS WILL INCLUDE:



Personal Awareness and Prevention



Self-Defense Basics



What to Do in Dangerous Situations



Trust Your Instincts, Stay Safe



DATE:

Tuesday, September 8, 2026



TIME:

5:30 PM – 7:30 PM



LOCATION:

Belle Glade Library
725 NW 4th Street
Belle Glade, FL 33430



WHO:

All girls/women of all ages



YOU ARE
STRONG.
CAPABLE.
WORTH PROTECTING.

Let's learn. Let's connect.
Let's stay safe—together.



Hosted by:
**Sgt. J. Read and
D/S J. Coker**

PALM BEACH COUNTY
**SHERIFF'S
OFFICE**

RIC L. BRADSHAW, SHERIFF



BE ALERT.



BE AWARE.



BE EMPOWERED.