



## Lake Okeechobee Rural Health Network Fall Newsletter 2019



### Spotlight

#### 3RNet - Professional Recruitment in Rural and Underserved Areas

3RNet is a non-profit job board specifically geared to candidates interested in rural and under served areas. Healthcare professionals and employers can use the site to find or post employment opportunities.

Contact Abbie Parmenter for more information, 850-558-9665.



#### In This Issue:

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Broadband Services

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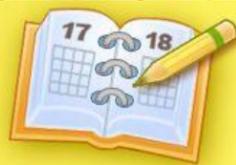
CEU Courses

Community Meetings

### Our Services

LORHN meets residents where they are to provide these services and assistance. That could be in one of our offices, in the community, or coming to a person's home. Call us if you or someone you know needs help with any of these services.

- **Health Insurance Enrollment**
- **Prescription Assistance Program Application**
- **Care Management Services for adults/seniors that are high-risk for preventative hospitalizations and readmission.**
- **"Your Health Matters" Health Literacy Workshop**
- **"Living Healthy" Chronic Disease Self-Management Program (CDSMP)**
- **"Living Healthy with Diabetes" Self-Management Program (DSMP)**



## Explore our Community Calendar

[www.LORHN.org](http://www.LORHN.org)

#### Hendry/Glades

LaVita Holmes  
863-532-3059

[lholmes@lorhn.org](mailto:lholmes@lorhn.org)

#### Okeechobee/Western Palm Beach

Maricruz 'Mary' Rangel  
863-532-3099

[mrangel@lorhn.org](mailto:mrangel@lorhn.org)

To partner with LORHN, or learn more about us, contact [Tiffany Parrish](#).

### Increase Access to Broadband Services

Are you a health provider in Okeechobee, Hendry, Glades, Western Palm Beach or Western Martin County? [We want to hear from you!](#)

LORHN hopes to glean the interest from as many rural healthcare providers as possible about joining a LORHN-led consortia to apply for the the Healthcare Connect Fun Program with the Universal Service Administration Co. (USAC). This program provides eligible rural healthcare providers with a large discount on broadband services.

LORHN, acting in the best interest of our hospitals, providers, and partners plans to increase access to broadband connectivity via the formation and coordination of a consortia. This will enhance and improve rural residents' access to a continuum of affordable health care and champion the efficient and effective delivery of health care services in rural areas.

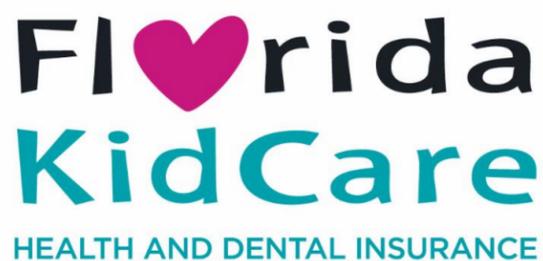
**Complete the survey before 10/31/2019 to be entered into a drawing for a \$50 VISA gift card!**

## Health Insurance Enrollment

HealthCare.gov



A Special Enrollment Period (SEP) allows an individual or family to apply for health insurance through the Marketplace any time of year. Contact us to see if you, or someone you know, qualifies for a [Special Enrollment Period](#). Open enrollment starts November 1st!



Families can apply for Florida KidCare all year long! Also, exciting news for families using the full-pay option. Starting January 1, 2020, members in the full-pay plan will experience enhanced benefits to match the benefits of subsidized members, which will include the elimination of medical and pharmacy deductibles, the elimination of coinsurance and the lowering of all co-pays. [Read the Healthy Kids Press Release](#).

**Contact us to make an appointment for help with an application,  
LORHN staff are Certified Application Counselors by CMS.**

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## Professional Conferences

### Florida Hospital Association 2019 Annual Meeting

October 23 -25, 2019  
Orlando, FL

All hospital CEOs, their leadership teams and trustees are encouraged to attend. The Annual Meeting features several opportunities for networking, including the FHA Political Committee (FHAPC) Annual Golf Classic at the Grand Cypress Golf Course and the Celebration of Achievement in Quality and Service Awards Dinner.

### Florida Telehealth Workshop

November 14, 2019  
Melbourne, FL

The Southeastern Telehealth Resource Center (SETRC) is hosting this one-day workshop that will focus on school-based telehealth and child & adolescent tele-behavioral health. Other topics include: telehealth ROI, reimbursement, and grant writing. The training fee is \$49 full day/ \$29 half day.

### 2020 Conference for Agricultural Worker Health

May 19-21, 2020  
Clearwater, FL

The Conference for Agricultural Worker Health is the only conference dedicated solely to the health and well-being of America's migratory and seasonal agricultural workers and their families. The National Association of Community Health Centers (NACHC) sponsors this conference each year to bring together leaders in migrant health to learn from each other to improve the health and well-being of this population.



[Rural Health Policy Institute](#)

Feb. 11-13, 2020  
Washington, D.C.

[Annual Rural Health Conference & Rural Hospital Innovation Summit](#)

May 18-22, 2020  
San Diego, CA

[Health Equity Conference](#)

May 18, 2020  
San Diego, CA

[Rural Medical Education Conferences](#)

May 19, 2020  
San Diego, CA

[Annual Rural Health Conference](#)

May 19-22, 2020  
San Diego, CA

## Upcoming Webinars for Rural Providers



[RECORDING: Introducing the Rural Health Toolkit](#)

**Recording & slides available online**

Developed by NORC on behalf of the Federal Office of Rural Health Policy (FORHP), the toolkit compiles promising approaches and resources to support rural communities seeking to develop and expand telehealth programs. This toolkit presents practical strategies that can help rural communities identify successful telehealth models; address common implementation challenges; and prepare for long-term sustainability.

In addition to an overview of the toolkit we will feature three speakers that will describe lessons learned related to establishing and sustaining telehealth programs.

[Effective Grant Writing for Rural Hospitals](#)

October 8, 2019 1:00 pm

Webinar Objectives include: how to get noticed among a pool of applicants, how to be responsive to requests, what are funders looking for, how sophisticated do I need to be, best practices, and Q&A with a rural grant writing expert

[2019 Recruiting for Retention Academy - Six-part Webinar Series](#)

October 8, 2019

3RNet National Office  
\*\$500 fee

[Public Health and Transportation Webinar Series Part One: Collaborating Together for Community Health](#)

October 10, 2019 2:00 PM

Part one of the transportation webinar series will focus on how public health and transportation professionals can work together to support community health and well-being. It will provide an opportunity for mobility management and transportation practitioners to hear from public health professionals on potential areas for collaboration between the two sectors, and discuss ideas for developing, implementing, and evaluating initiatives to improve community health.

[Emergency Preparedness Update for Rural Health Clinics](#)

October 17, 2019 2:30 - 3:30 pm

Provide the basics of compliance with Emergency Preparedness regulations required for Rural Health Clinics. There will be a 45-minute presentation and 15 minutes for questions. We will go over changes to Appendix Z and recent survey findings related to Emergency Preparedness.

## Funding Opportunities

[Southeast Rural Community Assistance Loan Fund Program](#)

Provides low-interest loans to low-income rural communities for predevelopment costs, system upgrades and new construction of water and wastewater services and facilities. Loans are also available for housing and community facilities, including healthcare facilities.

### Health Resources & Services Administration (HRSA)

[Rural Communities Opioid Response Program - Implementation \(HRSA-20-031\)](#)

The Rural Communities Opioid Response Program (RCORP) is a multi-year opioid-focused initiative by the Health Resources and Services Administration (HRSA) aimed at reducing the morbidity and mortality of substance use disorder (SUD), including opioid use disorder (OUD), in rural communities at the highest risk for SUD.

### USDA Rural Development Programs

[Community Facilities Direct Loan and Grant Programs](#)

This program provides affordable funding to develop essential community facilities in rural areas and does not include private, commercial or business undertakings. Eligible borrowers include public bodies, community-based nonprofit corporations and federally recognized tribes. Examples of what funds can be used for include:

- Healthcare facilities such as hospitals, medical clinics, dental clinics, nursing homes or assisted living facilities
- Local food systems such as community gardens, food pantries, community kitchens, food banks, food hubs or greenhouses
- Community support services such as child care centers, community centers, fairgrounds or transitional housing
- Utility services such as telemedicine or distance learning equipment

[USDA Rural Home Loans](#)

The USDA rural development home loans are designed to help medium income American's buy a home in rural and suburban communities. Qualifying individuals and families that qualify may have: NO money down, low interest rates, 30-year fixed rates, government guaranteed, flexible credit guidelines, and the ability to roll closing costs into the loan.

### Local Funding Opportunities

#### [Glades Electric Charitable Trust, Inc. \(FL:Glades, Hendry, Highlands, and Okeechobee\)](#)

Almost 70 percent of Glades Electric Cooperative members participate in Operation Round Up, which helps people in GEC's service area who have exhausted normal avenues of financial assistance. The fund is for deserving individuals and organizations. If you know of people who need and deserve assistance and live within the Glades Electric service area (Glades, Hendry, Highlands and Okeechobee counties), encourage or [help them to complete an application](#).

## Continue Educating Providers & Opportunities

#### [Health Council of Southeast Florida \(HCSEF\)](#)

HCSEF is now a Florida Certification Board (FCB) Approved Provider for Addiction, Community Health/Health, Mental Health, Peer Services and Prevention. Certified Professionals seeking continuing education credits should contact [Nicola Chung](#).

#### [Improving Cultural Competency for Behavioral Health Professionals](#)

Cultural and linguistic competency is recognized as an important strategy for improving the quality of care provided to clients from diverse backgrounds. The goal of this e-learning program is to help behavioral health professionals increase their cultural and linguistic competency. **(5 credits)**

#### [Asthma Management and Education Online \(AME-O\)](#)

This online course is presented by Cross Country University for health professionals who teach and care for patients with asthma. The content follows the National Asthma Education and Prevention Program (NAEPP) 2007 Expert Panel Report 3: Guidelines for the Diagnosis and Management of Asthma. **(7 credits for RN & RTs)**

#### [LGBT Mental Health Program](#)

This program will discuss how to make clinics and health practices more inclusive for LGBT patients. **(1 credit)**

#### [Florida Department of Health, Continuing Education, Official Course Search](#)

#### [Suwanee River AHEC CE/CME Credits Available](#)

#### [South Florida SE AIDS Education and Training Center](#)

#### [Florida Continuing Education for Counselors and Marriage and Family Therapists](#)

## Community Meetings Around the Lake

#### [Martin County InterAgency Coalition](#)

##### **Indiantown Meeting**

2nd Thursday of each month  
8:30 am - 10:00 am  
Seminole Inn,  
Indiantown, FL

#### [Okeechobee County's Shared Services Network Community Collaborative Council](#)

Okeechobee County School Administration Building  
700 S.W. 2nd Avenue  
Okeechobee, Florida 34974  
Fourth Tuesday of the Month  
10:00 am

#### [Hendry/Glades Community Resource Meeting](#)

TBD - 3/4th Tuesday of each month  
12:00 pm - 1:00 pm  
Hendry Regional Medical Center  
524 W Sagamore Ave.  
Clewiston, FL 33440

#### [Glades P.A.T.C.H.](#)

3rd Tuesday of each month  
9:00 am - 10:45 am  
Glades Initiative  
141 SE Ave C  
Belle Glade, FL 33430

#### [Family Services Network Meeting](#)

1st Wednesday of each month  
8:30 am - 10:00 am  
Hope Connections - LaBelle  
475 East Cowboy Way  
LaBelle, FL 33935

## About LORHN

Lake Okeechobee Rural Health Network, Inc. (LORHN) was formed in 1994 as a non-profit corporation designed to provide for the special and specific health-related needs of the residents, visitors, and businesses in the Lake Okeechobee area; with extended services to Glades, Hendry, Okeechobee, Western Martin, and Western Palm Beach counties.



LORHN was established through Florida legislation (Statute 381.0406) and is one of nine local rural health networks covering the state of Florida. As per Florida statute, the goal of the networks shall be to ensure that quality health care is available and efficiently delivered to all persons in rural areas. Our vision is to promote/provide for the special and specific health needs of the residents, visitors, and businesses in the Lake Okeechobee area.

Lake Okeechobee  
Rural Health Network

STAY CONNECTED  
@LORHN1

