Lisa Neu, CRPS The Hub Lisa@pbchu b.org

INTER-AGENCY NETWORK OF PALM BEACH COUNTY

"Together...making a world of difference!"



All Are Welcome!

Thank you for your participation in one of Palm Beach County's oldest "community-wide" networking groups!

Next Meeting: September 6th, 2022

(First Tuesday of each month Sept-June)

Start time 9:00 am

held via ZOOM until further notice.

Zoom Link will be sent out end of July

This email is for update purposes



Presentation from June Meeting

Palm Beach County Behavioral Health Coalition and The Hub

PBCBHC & HUB PowerPoint

June 7th Meeting Chat

Alexa Lee, M. S. PBCBHC Office: 561-374-7627

Cell: 561-301-9975 alexalee@pbcbhc.org



Other Events & Resources



Hurricane Preparation/Recovery Efforts

if your agency will provide these types of hurricane related services or activities

upload this information via our easy to submit form at:

https://211palmbeach.org/submit-a-resource



BACK-TO-SCHOOL EVENTS

Please email Judi.Hechtman@211pbtc.org if your organization will be hosting a back to school event that will be open to the public.

If there is a registration required please let Judi know.

We are creating a list of these events for the public.

Those events currently posted can be found:

https://211palmbeach.org/news/backtoschool



Click here: WPTV Priced Out of Paradise Series

The Housing Crisis Continues As A Hot Topic

At some level we are all experiencing this...increased rents, homeowners insurance, and property taxes.

How can we as service providers and community members make a difference?

- Have yourself, family, staff, struggling clients reach out to our legislatures and city officials https://www.flsenate.gov/senators/find
- Attend County & City Council meetings...there is public comments section.
- Simply attend the HHA meetings- several work groups to choose from in addition to the general meeting*
- Collect & prepare to share client stories without identifying information

local authorities and legislative reps like to quantify-to tailor & target response

- Think about doing an anonymous survey of your staff and their experiences with rent increases and concerns.
- Do a similar survey for your clients

 Attend the Homeless & Housing Alliance meetings to share & gather info

*The Homeless & Housing Alliance (HHA)
General Meeting takes place the
4th Thursday of each month
2:30pm - 4:00pm.
Community Center Conference Room
1400 MLK Jr. Blvd, Riviera Beach, FL 33404

To get on email distribution list email:

Maria Bond mbond@pbcgov.org

Homeless Program and Contract Manager
Division of Human Services
810 Datura St. 2nd Floor
West Palm Beach, FL 33401
561-355-4779

Note: The HHA Support Services Pillar committee meets the first Friday of every month from 9:00am to 10:00am at 810 Datura Street, 2nd Floor conference room with a new virtual option available via zoom at the link below. Please join us if any of the goals listed below intersect with the work you are involved with.

Join Zoom Meeting

https://pbcgov.zoom.us/j/85200641591?pwd=yfGD9gGycdHHfjX6 xiEqMaZHr5LAU7.1



JUNE 29TH 4PM - 5:30 PM

CONTACT INFO IAN STONE - 305-414-3275 IAN@PBCHUB.ORG

HELP DEVELOP A RECOVERY MOVEMENT IN LAKE WORTH BEACH BY SUPPORTING THE COMMUNITY PLANNING OF A recovery symposium

AT COASTAL CHAPEL

1510 HIGH RIDGE ROAD, LAKE WORTH, FL 33461

Made with PosterMyWall.com

Mandel Public Library of West Palm Beach

COMMUNITY ID OF THE PALM BEACHES

Get your Community ID card!



10:00 AM - 4:00 PM:

- July 7 and 21
- · August 4 and 18

Useful for:

- · law enforcement
- · health centers
- schools
- · and more!

What to bring:

- proof of ID (passport, etc.)
- · proof of residency (bill, etc.)
- \$20 fee

Call to make an appointment: 561-655-8944, ext. 146





411 Clematis Street West Palm Beach, FL 33401 561-868-7701 wpbcitylibrary.org

City of West Palm Beach TTY: 800-955-8771





Looking for more programs?

Find our program calendar at wpbcitylibrary.org



CAREER READY SERVICES

Programs and workshops to prepare you for a successful job search and career experience.

CAREERSOURCE JOB HELP

WEDNESDAY, JULY 6

10:00 AM-4:00 PM BY APPOINTMENT

Speak with an expert from CareerSource and get advice and assistance on employment, building a strong resume, finding the right career path, and more. To make an appointment, please contact Emmye Jean Baptiste at 561-340-1060 x2319 or ejeanbaptiste@careersourcepbc.com. Walk-ins will be accommodated if time permits.

RESUME HELP & CAREER TIPS THURSDAY, JULY 21

Call for an appointment

Speak with Career Coach Kathy Shabotynskyj to create or update your resume, get tips on interviewing, or plan your next career move. For more information or to request an appointment, visit wpbcitylibrary.org or call 561-868-7707.

"GET THAT JOB" WORKSHOP

THURSDAY, JULY 28

10:00 AM - 3:00 PM

Hibiscus Room, 3rd Floor

Get a free lunch and a flash drive at this workshop that covers resumes, job markets. interviewing skills and more with Career Consultant Angela Wing-Allen. Registration is required.

Intro to Business Bootcamp

Wednesday, July 13 & Thursday, July 14 Hibiscus Room

10:00 AM - 3:00 PM

Dive into an ocean of possibility and explore what it takes to become an entrepreneur. Zar Roger from Zeus Financial & Consulting Services will present this intensive two-day workshop to help small business owners energize, analyze, and strategize their business ideas, marketing, and financial plans. Two-day registration is required.











Free ebooks, movies, music, and more... any time, anywhere. Visit wpb.org/digitallibrary to get started.

Get sociali









@mandelpubliclibrary



@mandelpl

Mandel Public Library of West Palm Beach

JULY 2022



3D PRINTING: CREATING FISHIES WITH A LITTLE BITE

THURSDAY, JULY 7 2:00 PM - 3:30 PM

Technology & Innovation Center

Use Tinkercad, a free 3D modeling program, to draw a fish in 3D and then turn it into a working pincer. Intermediate computer skills and registration are required. Registration required



Open access

Fridays | 1:00-3:00 PM Sundays | 2:00 – 4:00 PM

By appointment

Mondays | 1:30 PM Wednesdays | 4:30 PM Saturdays | 12:30 & 2:30 PM







ART & ANIMATION MEDIA DIGITIZATION





PRACTICE DRIVING



TECH CLASSES

TECHNOLOGY & INNOVATION CENTER: DEMO DAY

FRIDAYS

10:00 AM - NOON

Technology & Innovation Center

Create a 3D sculpture in virtual reality, animate your digital masterpiece, record a podcast episode, and more! During Demo Day, learn more about our library of things, including our new Digital Memory Kits.

Registration is not required.

This program was funded under the provisions of the DUS Florida American Rescue Plan Act (ARPA) from the Institute of Museum and Library Services, Florida's DUS Florida ARPA program is administered by the Department of State's Division of Library and Information Services.

SOUTH FLORIDA TECH FOR SENIORS (SFTFS)

TUESDAY, JULY 12 & 26 BY APPOINTMENT

Technology & Innovation Center

Get free, personalized in-person tech support for seniors. Student volunteers will answer your questions and teach you what you need to know. Visit sftfs.org or call 561-444-8324 to make an appointment.

BEACH THEMED PICTURE FRAMES & CANVA ART

WEDNESDAY, JULY 13 10:00 AM-NOON

Life Support Lab

Join us for some digital photo fun and arts & crafts this summer! Learn how to use the free photo editing website Canva to edit your pictures and add cool designs. Then decorate fun beach-themed frame in our art studio so that you can display your finished photo! Computers, printer, and frame decorating materials are provided.

Canva

Registration is required.

DEEP DIVE: LEARNING DIGITAL ART

THURSDAY, JULY 21 10:00 AM-NOON

Technology & Innovation Center

Learn the basics of Digital Art at the library. Create using art and animation software in ou Technology & Innovation Center. Registration is required.

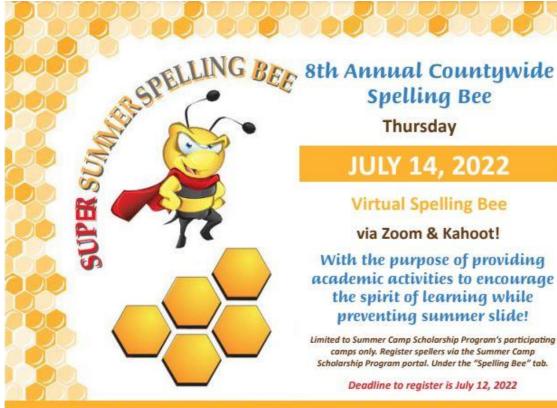


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Spelling Bee

Thursday

JULY 14, 2022

Virtual Spelling Bee

via Zoom & Kahoot!

With the purpose of providing academic activities to encourage the spirit of learning while preventing summer slide!

Limited to Summer Camp Scholarship Program's participating camps only. Register spellers via the Summer Camp Scholarship Program portal. Under the "Spelling Bee" tab.

Deadline to register is July 12, 2022

Awards • Prizes • and Much More!

Categories: (grade entering in fall '22)

K-2nd Grade 3rd-5th Grade

6th-8th Grade

9th-12th Grade

Times:

8:30-9:30 am

10:00-11:00 am

11:30 am-12:30 pm

2:00-3:00 pm

Contact Information: **Amrita Rampersad**

Tel: (561) 242-5713 • Email: YSD-SummerCamp@pbcgov.org

Website: https://discover.pbcgov.org/vouthservices/Pages/super_spelling_bee.aspx

















GET THAT JOB!

Thursday, July 28 10:00 AM – 3:00 PM Hibiscus Room, 3rd Floor

Learn how to find the right job for you!

Get great tips on:

Resumes You'll receive a FREE lunch and flash drive!

Job searching Registration is required; seats are limited.

Interviewing

To register for this free workshop, call 561-868-7760 or visit wpbcitylibrary.org



411 Clematis Street West Palm Beach, FL 33401 561-868-7701

wpbcitylibrary.org City of West Palm Beach TTY: 800-955-8771





To find a location, text "FoodFL" to 877-877 or dial 2-1-1 when schools begin releasing for the summer break or click here

Click Here- Meal Site Locater

MENTAL HEALTH SERVICES NOW AVAILABLE



Outreach ministries
Brother Robert Graham, Executive Director/Shepherd
638 Sixth Street, West Palm Beach, FL 33401

Email: truefastisa58@comcast.net Website: www.tfom1.org
Phone: 561-856-6273



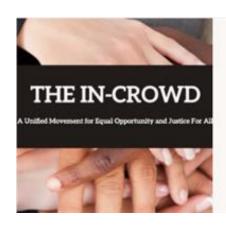


LET*S STOP THE STIGMA OF MENTAL HEALTH

WE NOW OFFER MENTAL HEALTH SERVICES FOR
INSURANCE & PRIVATE PAY CLIENTS
FROM 10AM ~ 3PM WEEKLY
MISS ENID WAUGH
MENTAL HEALTH & SUBSTANCE ABUSE THERAPIST
SPECIALIZES IN:
INTENSIVE INDIVIDUAL THERAPY
DIAGNOSING MENTAL HEALTH DISORDERS
ADULT MENTAL HEALTH DISORDERS

PLEASE CALL {561} 594-5689 FOR FURTHER DETAILS

Miss Enid Waugh Mental Health & Substance Abuse Therapist EIN # 30-019461 {561}594-5689



THE IN-CROWD ZOOM .

Join THE IN-CROWD for our Zoom Meetings! Watch and participate with all-star panels ...

visit www.thein-crowd.org to learn more



"GROWING NATIVE"

Green-Adventure

SUMMER CAMP FOR TEENS

May 31st through August 5th 2022

(Teens ages 13-17 with full & part-time sessions available)

WE HAVE A PASSION FOR NATURE, PLANTS & WILDLIFE

Teens will learn how to grow a "food forest" using the permaculture system...while also learning to value and appreciate how nature and wildlife work together in a self-sustaining eco system to produce food.

It's summer & teens can also have fun just being kids!

- Trail Hiking
- Woodworking
- Arts/Crafts
- Sports/Water Games
- Survival Skills Building
 More...

Come Join Us!

OPEN HOUSE

9 am to 4 pm

April 29th & 30th or

Sat & Sundays in May

More info scan the QR Code or Call Us: (561) 425-9600 ext. 709 mariav@sfprc.org

Program Director Maria Ventouris

Founder & Chairman George L Soria 8346 7th PL S., West Palm Beach FL33411



Zoom Log-in

Will be looking into new meeting space for in-person meetings. TBD

Add Your Email

Click here to get monthly invites

Simple Ideas & Mindfulness

Make Time For Self-Care

- Learn something new
- Laugh often- watch comedies
- Find a way to "connect" each day
- Turn off the news!
- Make sure information you find is from a reliable source
- Learn how to boost your immune system.
- Get enough quality sleep and rest
- Take the time to exercise
- Don't deprive yourself of a little comfort food- but lean towards fresh fruits & vegetables
- Simply breath! Breath work can reduce anxiety while enhancing the health of your lungs.



Get "grounded" in nature. Whether in meditation or for exercise- this may lift your mood and help you to sleep better.



A nice cup of hot tea & a good read...can be enhanced by nature. Patio, porch or park- nature can uplift your spirits while providing a sense of grounding.

Other Resources

Building Resiliency- click here

Also let someone you trust know how they can best support you...

Vibrant Emotional Health-Safe Space-for available coping tools &

Space-for available coping tools & strategies

"We are in this together!"

See you at the next meeting!