### Today's MMU: School Bus Drug Prevention Media Contest for Students

Children's Services Council of Palm Beach County <mmu+cscpbc.org@ccsend.com>

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To: Updates <updates@gladesinitiative.org>

## 35 years #HealthySafeStrong

Helping Palm Beach County children grow up healthy, safe and strong



# Monday Morning Update December 19, 2022

Please note: Children's Services Council's offices will be closed from Friday, December 23 - Monday, January 2. We will release the next Monday Morning Update after the first of the year.

#### News

## School Bus Drug Prevention Media Contest for Students

Palm Beach County Behavioral Health Coalition invites county students in grades Kindergarten to twelfth to participate in their annual contest. The theme is focused on vaping prevention, as well as underage drinking prevention. Students can earn community service hours as follows: two for each poster submitted, five for video submission and 10 for the dance competition! For details, prizes, rules and entry form, click here. Deadline for entry is 11:59 p.m., January 17.

#### **Calling Accounting Specialists**

## Palm Beach County League of Cities Accepting Applications for 2023 Scholarship

The William A. Cruickshank Scholarship provides up to \$1,000 in individual scholarships for expenses associated with academic endeavors to qualified high school seniors and municipal employees. Preferential consideration will be given to individuals demonstrating dedicated pursuit towards a career in municipal government. For more information and to register, click here. Deadline for submissions is February 17.

#### **Food Bank Outreach**

## **CSC Recruiting for Summer 2023 Internship Positions**

Children's Services Council of Palm Beach County is recruiting summer interns in several departments, including Programs, Information Technology, Finance, Talent Management and Communications. This is an incredible opportunity for college students to get real life work experience in their fields of study, while impacting their community. Applications are due January 13 at 5:00 p.m. Please view this flyer for more information and a QR code to apply.

"Stand in the Gap" for the

## of All Ages to Help Local Families During Tax Season

Volunteer with United Way of Palm Beach County's Volunteer Income Tax Assistance (VITA) Program, in partnership with the Internal Revenue Service, to help households with an annual income of \$70,000 or less with their taxes. Seeking CPAs, retired professionals, college students, or anyone interested in accounting and finance. Click here to learn more.

## Opportunities this Holiday Season

One in six people in the County struggle to put food on the table. Palm Beach County Food Bank offers opportunities to help through their Benefits Outreach Program, with services in Spanish and Creole available. View their <a href="December Calendar">December Calendar</a> for dates and details. Find out how you can take action this holiday season by clicking <a href="here.">here.</a>

#### **Hungry with CROS Ministries**

The need for the programs offered by CROS Ministries has never been greater. Read about how they stand in the gap for the hungry in their year-end newsletter, <a href="here">here</a>. Click here to find out how you can help by participating in one of their programs that serve the hungry, including their seasonal Gleaning Program for ages 13 and up.



## Pregnant? Third trimester? Count those kicks!

If you are in your third trimester, it's time for you to start counting your baby's kicks!
Knowing your baby's movement patterns can alert you to potential medical issues. Watch the video to learn how.

These tips are courtesy of Healthy Mother, Healthy Babies of Palm Beach County. Healthy Mothers, Healthy Babies acts as an entry point to Healthy Beginnings- a network of more than 30 local programs for pregnant women and families.

Learn more

### **Events**

#### Healthy Mothers, Healthy Babies Coalition of Palm Beach County: January Educational Calendar

January events include educational classes for pregnant women, new parents and their support partners, maternal wellness support group meetings in English and Spanish, childbirth classes, pregnancy and infant loss support groups, prenatal yoga, breastfeeding classes in English and Spanish and a six-session support group to reduce stress, in Spanish. A calendar with details can be found <a href="https://example.com/here.">https://example.com/here.</a>

Audition with Young Singers of the Palm Beaches Saturday, January 7 10:00 a.m. - 12:00 p.m.

Know a child in 2nd through 12th grade who loves to sing? Looking for an afterschool activity that fosters creative excellence, personal growth and social Free Film Screening & Panel Discussion of Sextortion, The Hidden Pandemic

Thursday, January 12
6:30 p.m. - 9:00 p.m. (doors open at 6:00 p.m.)
Duncan Theatre - Palm Beach State College
4200 Congress Ave.
Lake Worth

Martin Luther King 5K and Divine Nine Challenge Saturday, January 21 7:30 a.m. Dan Colloway Recreation Complex

1420 W 10th St. Riviera Beach

You're invited to participate in this

development? Young Singers of the Palm Beaches, South Florida's largest youth community choir, invites you to audition. Programs are available at the Kravis Center for the Performing Arts and the Boynton Beach Cultural Center. Scholarships are available, and no child is turned away for financial reasons. Click <a href="here">here</a> for more information on age requirements and audition details.

Palm Beach State College, in partnership with Human Trafficking Coalition of the Palm Beaches. Palm Beach County Human Trafficking Task Force, National Council of Jewish Women-Palm Beach Section, Hope for Freedom and Rescue Upstream invites you to view this documentary that uncovers the fastest growing internet crime to threaten children and teens. This screening is open to the public and offers free general admission. For more information, contact BarrettJ@pbso.org. A flyer for

the event may be viewed here.

fun and healthy way to celebrate the legacy of Dr. Martin Luther King, Jr. This second annual event includes races for kids, a one-mile fun run/walk and a 5K and 10K run/walk. <u>Click here</u> to view race fee details and to register.

## **Trainings**

Language and Symbols in Autism,
FAU Center for Autism and Related Disabilities
Online Webinar - Available during December

The language choices, terminology and symbolism used when discussing autism spectrum disorder (ASD) influence how ASD is represented and perceived. This presentation will examine why language and symbolic representation used matter, and what terminology persons with an ASD diagnosis, as well as parents and professionals, prefer. For more information and to reserve a spot, click here.

Where Do You Think You're Going? The Analysis and Treatment of Wandering & Elopement in School Settings,

**FAU Center for Autism and Related Disabilities**Online Webinar - Available during December

This Partnership for Effective Programs for Students with Autism (PEPSA) training will provide an indepth look at elopement, wandering, out-of-area and out-of-seat problems, and provide areas to focus on to alleviate these problems, based on the most likely maintaining variables and/or skill deficits. Registration is mandatory. Once registered, you will receive a link to view the presentation online. Click here to register.

#### Coming in 2023:

Small Business Bootcamp: A Free Event for All Businesses

Tuesday, Feb. 7 8:00 a.m. - 9:30 a.m. Hispanic Chamber of Commerce of Palm Beach County 12794 Forest Hill Blvd., Suite 19 Wellington

The Hispanic Chamber of Commerce of Palm Beach County invites businesses of all sizes to join their bootcamp, presented by Bank of America. Email <a href="mailto:info@cpbchamber.com">info@cpbchamber.com</a> for more information and <a href="mailto:click">click</a> <a href="mailto:here">here</a> to register.

Endemic Times: Art & Play Therapy for Grief, Loss, and Isolation - Center for Child Counseling Friday, Feb. 24
9:00 a.m. - 4:00 p.m.
Children's Services Council
2300 High Ridge Road
Boynton Beach

The long-term effects from the Covid-19 pandemic are being seen even now with a rise in anxiety, depression and fears in our youth. This workshop will seek to provide hands-on, experiential art and play therapy activities to help children, tweens and teens process their lived experience of grief, loss, and isolation. Participants will engage in interactive activities which can be utilized through in-person and telehealth sessions. Cost: \$125 (Early Bird Special - including 6 CEUs and contact APT CEs).

**Click here** to register.

### **Additional Resources**

Visit the CSC website
CSC Employment
CSC Provider Agency Employment
Search for Trainings

## Do you have information for the MMU?

Email your MMU submission to <a href="mmu@cscpbc.org">mmu@cscpbc.org</a>. Click here to review the MMU Submission Guidelines.

## **Stay Connected!**









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