



### When

Thursday, May 2, 2019 from 9:30 AM to 1:30 PM EDT

[Add to Calendar](#)

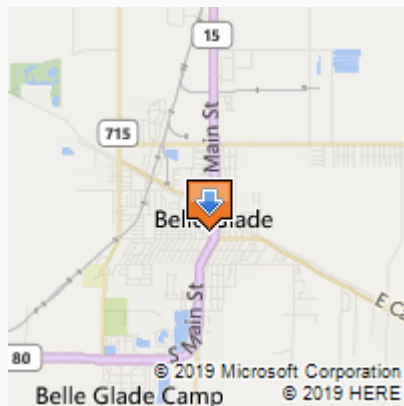
### Where

Community United Methodist Church  
401 SW 1st Street  
Belle Glade, FL 33430

Sponsored By...



United Way of Palm Beach County



[Driving Directions](#)

### Contact

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Center for Child Counseling, Inc.

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## ACEs, Trauma, and Toxic Stress Workshop



In the absence of protective relationships, toxic stress in childhood impacts an individual's well-being across the lifetime. This workshop provides an overview of the ACE Study, Trauma, Toxic Stress and the Impact on Health.

This 4-hour intensive workshop will provide an overview, hands-on interactive learning, and strategies on becoming trauma-informed.

Participants will learn:

- About the ACE study, including the ACE Pyramid which provides the conceptual framework for the study;
- Outcome and Findings of the ACE study;
- Team Building Exercise with the Brain Architecture Game (this gets each team thinking and working together, while learning!);
- Definition of Toxic Stress and its Impact on the Developing Brain throughout the Lifespan;
- Impact of Early Adversity on Lifelong Health – Emotional and Physical;
- About the ACEs and Resilience Surveys, including their own scores;
- How Resilience Trumps ACEs;
- The importance of creating trauma-informed and resilience-building practices based on the findings of the ACEs research;
- Role plays practicing effective communication strategies, including reflective statements; and
- Shifting Thinking and Practice to become Trauma-Informed

## Register Now!

### About the Presenter:



**Jane Robinson, LMHC**, Registered Play Therapist Supervisor, Infant Mental Health Specialist founded the Center for Child Counseling in 1999 and continues her work as a volunteer consultant, trainer, and clinical supervisor. She is a Licensed Mental Health Counselor, Registered Play Therapist Supervisor and is trained in Infant Mental Health through The Center for Prevention and Early Intervention at Florida State University. Jane co-authored a chapter, "Play Therapy Techniques with Very Young At-Risk Children in Child Care Settings" published in the book *Play Therapy with Very Young Children*, edited by Dr. Charles Shaefer and wrote "A Way of Being with Children" – a manual focusing on helping caregivers effectively work with young children.