

Conflict Management

March 14, 2019

2:00 – 4:30 PM

[Register Here](#)

- Understand what conflict and conflict resolution mean
- Understand all six phases of the conflict resolution process
- Understand the five main styles of conflict resolution

Worklife Balance

March 28, 2019

2:00 – 4:30 PM

[Register Here](#)

- Explain the benefits of work life balance.
- Recognize the signs of an unbalanced life.
- Identify employer resources for a balanced lifestyle.

Overcoming the Fear Factor of Public Speaking

April 11, 2019

2:00 – 4:30 PM

[Register Here](#)

- Find the right words
- Overcome nervousness
- Handle questions and comments effectively

Sponsored in part by:



The Glades Education Project

with

Shandra Stringer

Registration is FREE

RSVP Required! Space is Limited

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Questions: Contact Shari J. Hanglan
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