

## TRAIN THE BRAIN:

Neuroscience Community. Conversation

> Saturday, Oct. 25 9 a.m. to 1 p.m.

Doors open at 8 a.m. Program begins promptly at 9 a.m.



## Body, Mind & Brain Lessons Across the Lifespan

Florida Atlantic University's Stiles-Nicholson Brain Institute invites you to attend an exciting, half-day

Train the Brain Community Conversation to explore how body and brain collaborate to support brain
function, health and promote resiliency.

Hear from prominent, front-line brain researchers from across the country whose exciting work is revealing the significance of body-brain connections throughout life, with lessons that can improve and sustain brain health.



This event is presented with support from Palm Health Foundation as part of the Train the Brain series. INTERACTIVE SESSIONS REFRESHMENTS & LUNCH!



## Register Required!

Scan or visit www.fau.edu/brain.



View the full line-up of speakers and topics. Registration is free.



## Stiles-Nicholson Brain Institute on FAU's John D. MacArthur Campus in Jupiter



Directions & parking