



Crushing Stigma, Saving Lives, Maximizing Healing

Dear friend of BrainStorm,

We're thrilled to announce our [new podcast](#) and [16-minute BrainStorm Film preview!](#)

[BrainTalk: Your Bipolar Spectrum Podcast](#) is hosted by Sara Schley, the co-writer and co-producer of BrainStorm the Film, and Dr. Jim Phelps, acclaimed mood disorder clinician and author. Each episode features bipolar expert guest. Our 28-minute format allows us to dive deep into their fascinating work — be it cutting-edge brain science or compelling lived experience. Bonus feature: **you can call in to the show to ask your questions directly to our experts!** Follow [this link to sign up](#).

Stream Episode 1 below:

BrainTalk Episode 1: What is the Bipolar Spectrum?



See our line up of featured guests, stream three new episodes, and sign up to call in to the show here on our [BrainTalk website](#).

New 16-minute preview of our upcoming documentary



While Sara is busy working with Dr. Jim Phelps to create podcasts that will connect listeners with experts in bipolar, Bonnie is working with editor Rachel Clark on editing a 90-minute festival cut and one-hour broadcast version of the documentary film. We're planning to have both completed in late spring 2025!

With gratitude,

Sara & Bonnie



It's a wrap! Celebrating the close of 13 months, 22 cities, 5 countries, and 37 days of filming for BrainStorm!
With our crew at UMass Medical in October, cinematographer Nikki Bramley, Sara, Dr. Nancy Byatt, Bonnie,
and sound man Ben Avishai.

Learn more at brainstormthefilm.com

BrainStorm the Film

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