



📅 Back to School August & Free Learning Opportunities 🎓

School is back in session, and learning isn't just for students! Whether you're looking to earn CE credits or expand your knowledge, we've got two free virtual learning opportunities coming up that you won't want to miss.

Trauma-Informed Care: Trauma 101

Join us on Wednesday, **August 12, from 9:30 a.m. to 11:30 a.m. ET** for our free Trauma-Informed Care training, presented by Brittany Grimshaw, Psy.D. Participants can earn 2 CE credits at no cost while learning how trauma affects youth and families. You'll also gain practical, strengths-based strategies to help restore a sense of safety, control, and empowerment. Register [here](#) or scroll down for more info.

Eat • Learn • Save: Opioid Overdose Prevention Webinar Series

Mark your calendar for the final webinar in our Eat • Learn • Save Opioid Overdose Prevention Webinar Series, presented in partnership with Palm Beach County Fire Rescue, on Tuesday, **August 18, at 12:00 p.m. to 1:30 p.m. ET**. Learn about substance use bereavement care, supportive resources, and ways to help grieving individuals and families find hope, healing, and connection. Sign up [here](#).

World Lung Cancer Day (August 1)

Observed each year on August 1, World Lung Cancer Day raises awareness about lung cancer, supports those affected by the disease, and encourages prevention and early detection.

Because smoking is the leading cause of lung cancer, the day also serves as an opportunity to promote tobacco prevention and cessation. For more information, check out the [American Lung Association's website](#).

Drive Sober or Get Pulled Over (August 13 to September 1)

The Drive Sober or Get Pulled Over campaign reminds drivers to make safe, responsible choices by never driving under the influence of alcohol or other impairing substances. Running through Labor Day, the campaign combines public education with increased law enforcement efforts to help keep our roads safe. Learn more at the [National Highway Traffic Safety Administration's website](#).

National Fentanyl Prevention and Awareness Day (August 21)

Observed each year on August 21, National Fentanyl Prevention and Awareness Day honors the lives lost to overdoses involving illegally made fentanyl while raising awareness about the dangers of illicit fentanyl. The day also encourages education, prevention, and conversations that can help save lives. Read more on the [CDC's website](#).

International Overdose Awareness Day (August 31)

International Overdose Awareness Day is the world's largest annual campaign focused on ending overdose, remembering those who have died without stigma, and supporting the families and communities affected by overdose. Find out the meaning behind this year's theme, "25 Years On. Still Needed" on the [official website](#).

Upcoming Events

EAT • LEARN • SAVE

OPIOID OVERDOSE PREVENTION WEBINAR SERIES

COMPLICATED GRIEF: UNDERSTANDING AND SUPPORT AFTER SUBSTANCE USE LOSS

PRESENTED BY:

Lauren Young Work, LCSW
Palm Beach County Fire Rescue



AUGUST 18, 2026



12 NOON TO 1:30 PM



VIRTUAL

OBJECTIVES

- Understand the complexities of substance use-related grief.
- Recognize risk factors for Prolonged Grief Disorder (PGD).
- Explore effective substance use bereavement support strategies.
- Learn practical tools to promote healing and resilience.
- Discover meaningful ways to honor and remember loved ones.

SIGN UP HERE



All grief is complex, but for those who experience a loss due to substance use the lived experienced they and their loved one endured increases their risk of developing Prolonged Grief Disorder (PGD). Explore the unique factors that individuals and families face after experiencing the death of a loved one due to overdose or complications of substance use, learn approaches to substance use bereavement care and tools to support that may help grieving individuals and families reduce their risk of developing PGD and find comforting spaces to honor their loved one.

"Overdose Data to Action (OD2A) is a national grant program with 100% of its funding from the Centers for Disease Control and Prevention (CDC) of the U.S. and the Department of Health and Human Services (HHS). The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government"

HEALTH COUNCIL
OF SOUTHEAST FLORIDA

PBCBHC.org

prevention@pbcbhc.org

Linktr.ee/PBCBHC

561-374-7627

[SIGN UP HERE](#)



VOTE 4 UR FAVE



scan
ME!



SCHOOL BUS
DRUG PREVENTION
MEDIA CONTEST



1

**Free to
Be Me**
ALCOHOL & VAPE FREE

2

**HEALTHY MIND
HEALTHY FUTURE**
ALCOHOL & VAPE FREE



3

**Grow Healthy
Grow Strong**
ALCOHOL & VAPE FREE



4

**STRONGER
Together**
ALCOHOL & VAPE FREE



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[VOTE HERE](#)



PBCBHC
Palm Beach County
Behavioral Health Coalition
Building a Resilient Community

Palm Beach County
Youth Services Department
Residential Treatment and Family Counseling Division
Education & Training Center
~in collaboration with~
Palm Beach County Behavioral Health Coalition



Trauma 101

A Trauma Informed Care Training

Presented by: Brittany Grimshaw, Psy.D.

Wednesday, August 12, 2026

9:30 am - 11:30 am

Location: Zoom Remote Video Conference

Once registration is confirmed, link to access the training will be provided

Registration Fee:

There is no cost associated with this presentation

Continuing Education:

2 CE credits will be offered

Registration Link:

<https://www.surveymonkey.com/r/FCKBCM6>

If you have trouble accessing the survey, please copy the link and paste it directly into your browser.

Registration closes at 3:00 pm on August 11, 2026

In order to receive a certificate you must be present for the entire training. Zoom monitors attendance from the time each participant logs in and out of the training. Exceptions will not be granted.

SIGN UP HERE

Impact in Action

Safe Meds Training at West Count Senior Center



Eat • Learn • Save:
Opioid Overdose Prevention Webinar Series
Presented by: Holly Stewart, LCSW,
The Recovery Community Hub of Palm Beach County



710: The New 420

710: THE NEW 420



		
ELLEN SNELLING Board Chair Hillsborough County Anti-Drug Alliance	DR. WENDY STEPHAN Epidemiologist Florida Poison Information Center	AMY RONSHAUSEN CEO & Executive Director Drug Free America Foundation and Save Our Society From Drugs International President World Federation Against Drugs

Summertime Done Right

TCIA End of School Celebration Ice Skating

Community Call



PBCBHC

Palm Beach County
Behavioral Health Coalition
Building A Healthier Community

Join our Mental & Behavioral Health Resource List

Help us send referrals

YOUR WAY

- Share your
- *Services*
 - *Who you serve*
 - *Cost*
 - *Key details*
 - *Contact info*

*So we can promote your work
in the community*

FILL OUT OUR FORM:



/PBCBHC



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@PreventionPBCBHC



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FILL OUT THE FORM HERE



News You Can Use



Encouraging Trends in Youth Substance Use

The latest *National Survey on Drug Use and Health (NSDUH)* from the *Substance Abuse and Mental Health Services Administration (SAMHSA)* found encouraging progress in reducing youth substance use.

Between 2022 and 2025, past-month nicotine use among people ages 12 to 20 declined from 13.4% to 12.1%, and past-month alcohol use also decreased from 15.6% in 2021 to 13.7% in 2025. Although rates of underage binge drinking remained unchanged, the overall decline in nicotine and alcohol use among youth is a positive step forward for prevention efforts nationwide. Read the whole report [here](#)



Mother Honors Son's Memory Through Documentary on 7-OH

A recent [First Coast News article](#) by Riley Phillips highlights the story of a Jacksonville mother who is helping produce the documentary *A Beautiful Life Stolen* after losing her son to complications involving kratom products containing 7-OH. The film aims to raise awareness about the risks associated with these highly potent substances.

Her advocacy comes as Florida renewed its emergency ban on 7-OH and related compounds, classifying them as Schedule I controlled substances. While the emergency rule remains in effect, supporters continue calling for permanent state and federal action. Read more about the ruling [here](#).

Community Happenings



OVERDOSE AWARENESS WALK & RECOVERY EVENT

Remember. Support. Recover. Together.



Tuesday, September 1, 2026



FAU Boca Raton Campus



Walk of Remembrance

Begins at 11:15 AM at the FAU Football Stadium and concludes at the SO-44 Rotunda (Social Work Building).



Speaker Presentations

Begin at 12:00 PM and feature stories of loss, hope, and recovery.



Resource Tables & Free Narcan

Community organizations will share information and free naloxone (Narcan) will be available while supplies last.



Honoring lives lost. Supporting recovery. Sharing overdose prevention resources.

Hosted by the Collegiate Recovery Community at Florida Atlantic University.



For information: crcinfo@fau.edu | mpatterson2020@fau.edu

YouCanStopHT.com

ANYONE

COULD BE A VICTIM OF HUMAN TRAFFICKING

Human Trafficking knows no bounds. This modern-day form of slavery claims victims of all ages, sex, ethnicities, and demographics. You can save a life by knowing the signs and reporting the crime.

KNOW THE SIGNS

PHYSICAL

- Bruising, scars, sores, or tattoos • Malnourished
- Serious dental issues • Disoriented or confused
- Drug addiction • Infections • Sleep deprivation

VERBAL

- Responds as if coached • Allows someone else to speak for them • Fearful, anxious, or paranoid
- Reluctant to discuss their injuries

AT SCHOOL

- Unexplained absences • Sudden change in usual attire, behavior, or relationships • Chronically late
- Sudden increase in material possessions

REPORT THE CRIME

To Report Suspected Human Trafficking to Law Enforcement in FL

CALL 1-855-FLA-SAFE



OFFICE OF THE
ATTORNEY GENERAL
JAMES UTHMEIER
— Just, Strong, and Free —



SEXTORTION

DON'T BECOME A VICTIM



SEXTORTION is a type of blackmail used to acquire sexual content from a child, coerce them into sexual activity or obtain money.

- Remember, the blackmailer is to blame.
- Show a parent or a trusted adult right away.
- Do not pay money or comply with the blackmailer's requests.
- Report the account through the platform's safety feature.
- Block the suspect, but **DO NOT DELETE** the messages or your profile.
- Report the crime to law enforcement or at Report.CyberTip.org.



GET THE FACTS AT



HSTOPSEXTORTION



WALK *in my* SHOES



PURPOSE IN ACTION:
AGENCIES UNITED FOR CHANGE
COLLABORATION
NETWORK • CONNECT • TRANSFORM

FRIDAY
NOV 14, 2026
KHANNA HOUSE STUDIOS
3800 PARKER AVENUE
WEST PALM BEACH, FL 33405
GATES OPEN 5:30PM

Meet the Facilitators



TANAINE
REFORM ALLIANCE

&



LYRIC
PEOPLE OF PURPOSE

NOW MEET THE PANEL



JULIE
KHANNA HOUSE STUDIOS



HOUSTON
PALM BEACH COUNTY PUBLIC SAFETY



ARLENE
PALM BEACH COUNTY PUBLIC SAFETY



VANESSA SMITH
THE LORD'S PLACE



ALLISON GARCIA
SUPPORT NOT STIGMA

CLOSING REMARKS BY



DANIEL
PUBLIC DEFENDER

EARLY BIRD PRICING – THROUGH SEPTEMBER

\$35 PER PERSON	\$500 TABLE OF 10
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PRICE INCREASES IN OCTOBER

\$65 PER PERSON	\$650 TABLE OF 10
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SPONSORSHIP OPPORTUNITIES AVAILABLE: \$5,000 • \$2,500 • \$1,000 • \$500 • \$100



SCAN TO PURCHASE
TICKETS OR SPONSOR



VISIT US ONLINE
WWW.PEOPLEOFPURPOSEFL.ORG



FOR MORE INFORMATION
561-351-6465

Stay Coalition Connected...

Update your contact info today to be in on all things behavioral health in Palm Beach County.

[Coalition Connections](#) for updates on General Coalition Meetings, Outreaches, Newsletters...

Text **PBCBHC to 888-687-0035** for text updates on Coalition happenings.

[Visit our Linktree](#)