

Today's MMU:

Children's Services Council of Palm Beach County <mmu+cscpb.org@ccsend.com>

Mon 5/8/2023 3:46 PM

To: Updates <updates@gladesinitiative.org>

35 years #HealthySafeStrong

Helping Palm Beach County
children grow up
healthy, safe and strong



Monday Morning Update May 8, 2023

News

CSC Receives Highest Honor for Workplace Mental Health

Children's Services Council of Palm Beach County has been awarded the 2023 Platinum Bell Seal for Workplace Mental Health by Mental Health America (MHA). The Bell Seal is a workplace mental health certification that recognizes employers who strive to create mentally healthy workplaces for their employees. MHA, founded in 1909, is the nation's leading community-based nonprofit dedicated to addressing the overall mental health of all. To learn more, [click here](#).

Mentor Moms Project Makes Matches that Count

'When we support each other, incredible things happen' is the philosophy behind Gold Coast Down Syndrome's (GCDSO) new Mentor Moms project. The program matches families of a new child with a "veteran" Gold Coast parent who can offer understanding, friendship and support. All Mentor Moms complete training before they are assigned a family. While the program was initiated to provide support to families of younger children, any family who is new to the area, or is struggling at the moment and could use additional support is welcome to contact GCDSO for help or more information. Read more about them [here](#).

Resource Depot Offers Year- Round Field Trip Opportunities

Do you know that Resource Depot offers field trips to visit their facility year-round, Tuesdays through Thursdays, providing class kits which can be differentiated for students from preschool to high school age and reserved by public or private schools as well as youth organizations? The focus is on environmental conservation through upcycling and includes a hands-on and maker-oriented activity. [Click here](#) to read more and book a field trip.

Students Speak Up for Kids Empowers Students to Stand Up for Kids in Foster Care

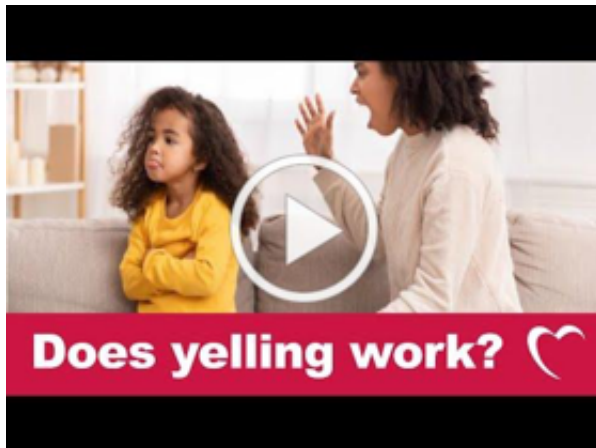
CSC CEO Has New Presence on Instagram

Children's Services Council of Palm Beach County Job Opportunities

Students Speak Up for Kids is a division of Speak Up for Kids of Palm Beach County. Their mission is to empower local students with opportunities to serve and speak up for the children involved in Palm Beach County's dependency court system. They do this through flexible community service projects, chapters of SSUFK at local schools and fun-filled in-person events. One of their most notable projects is Music Buddies - a program that pairs kids in foster care with student music teachers who then provide them with free virtual music lessons. To learn more about how to get involved with more incredible projects like this one, [click here](#).

Lisa Williams-Taylor, CEO of Children's Services Council of Palm Beach County, invites you to connect with her on Instagram in order to follow CSC's impactful work being done within the community. Follow her [@lwilliamscsc](#), and follow CSC [@cscpbcc](#).

Children's Services Council (CSC) is hiring an Evaluation Officer to conduct systematic inquiry to understand how funding from CSC is used to improve child outcomes and reduce racial disparities. The evaluation officer performs complex statistical analyses, synthesizes data and shares findings with funded programs, system leaders and community residents. This position is responsible for building capacity by engaging in learning conversations with a variety of stakeholders with the purpose of transforming data into action. To read more and apply, submit a cover letter and resume [here](#) 5:00 p.m. June 5.



Parenting Tips: What happens when a parent yells?

When a parent becomes frustrated, they can sometimes feel overwhelmed and start yelling at their child. Yelling, though, isn't a solution to problem behavior and can lead to what's known as an escalation trip, says Amelia Baena, a therapist with Triple P (the Positive Parenting Program). Baena is part of a team of therapists with Triple P, a FREE program offered by Community Partners of South Florida and funded by Children's Services Council of Palm Beach County.

[Click this Button to Learn More](#)

Events

Palm Beach County Food Bank: May Outreach Calendar

Palm Beach County Food Bank is focused on fighting hunger in Palm Beach County through five programs – Partner Marketplace, Pop-Up Farmer's Market, Benefits Outreach, Childhood Hunger Initiatives (Lois' Food4Kids, Weekend Food for Kids, and School Pantries) and Groceries for Seniors. They support close to 200 partner agencies in Palm Beach County with food, programs, resources and services. [Click here](#) to view a listing of opportunities with locations, times and language services offered. [Click here](#) to learn more about the Food Bank.

Healthy Mothers, Healthy Babies Tenth Annual Moments Luncheon

Thursday, May 11
11:30 a.m. - 2:00 p.m.
BallenIsles Country Club
100 BallenIsles Circle
Palm Beach Gardens

For a decade, Moments has honored all of the women in our lives – the mothers, daughters, aunts, sisters and friends who tirelessly ensure we all have moments of joy to share. Please join Healthy Mothers, Healthy Babies for this special anniversary year celebration that will feature a Q&A session with Tonya Lewis Lee, producer, film director, writer, entrepreneur and women's health advocate and facilitated by Hollani Davis of WPTV. For more information, including ticketing, [click here](#).

Letter Carriers Stamp Out Hunger Food Drive

Saturday, May 13
11:30 a.m. - 1:00 p.m.
Boynton Beach City Hall
100 E. Ocean Ave.
Boynton Beach

This food drive helps keep CROS Ministries' pantry shelves full throughout the summer months when the need is greatest and resources are at their lowest. Participating in the food drive is easy! If you live in Boynton Beach and Delray Beach, look for a bag in your mailbox and fill it with nonperishable food items and leave it beside your mailbox on the morning of Saturday, May 13. Your Letter Carrier will pick up your donations and deliver them to their local post office. If you do not live in Boynton Beach or Delray Beach, you can still participate! CROS will be collecting the food in the afternoon of May 13 at the Boynton Beach Main Post Office at 1530 Boynton Beach Blvd and the Delray Beach Post Office (fka Annex) at 14280 S Military Trail. They still have volunteer slots available in the afternoon on May 13 for those that want to help collect the food at the post offices. [Click here](#) for contact information.

Afterschool Symposium 2023: Shift to Now

Friday, May 12
8:00 a.m. - 1:00 p.m.
West Palm Beach Marriott
1001 Okeechobee Blvd.
West Palm Beach

Prime Time Palm Beach County is excited to offer this annual event with the purpose of embracing the present to offer youth meaningful out-of-school time experiences. Attendees will be inspired with innovative strategies and activities that complement ways in which out-of-school time programs, practitioners and the field can "SHIFT" (Stop, Hold space, Imagine, Feel the change and Take action). Pre-register [here](#) to get placed in a drawing to win a \$50 gift card. The winner will be announced at the Advancing Afterschool Awards Luncheon on May 12 and must be present to win.

Lunch and Learn Game Changer: Developing Healthy Video Game Habits in Youth

Tuesday, May 16
11:30 a.m. - 1:00 p.m.
Boynton Beach City Hall
100 E. Ocean Ave.
Boynton Beach

Parents and caregivers are invited to learn how to place limits on play times, improve communication and increase parent familiarity of games, and more! [Click here](#) to register and [click here](#) to view a flyer for the event.

Daddy and Me Program Session

Saturday, May 13
10:00 a.m. - 1:00 p.m.
Norton Museum of Art
1450 S. Dixie Hwy
West Palm Beach

The West Palm Beach Center for Arts and Technology presents this special opportunity which includes an art activity and guest speaker. Children must be accompanied by a father or father figure. [Click here](#) to register.

Breastfeeding Coalition of Palm Beach County

Tuesday, May 16
9:30 a.m. - 11:00 a.m.
Summit Library
3650 Summit Blvd.
West Palm Beach

Join the Coalition's monthly meeting to enrich your knowledge, learn about resources in the community and refuel your passion and commitment to breastfeeding! Join IBCLCs, breastfeeding advocates and other professionals from across the county. [Click here](#) to learn more.

Get Your Green On Fashion Art Ball 2.0

Thursday, May 18
5:00 p.m. - 9:00 p.m.
Arts Warehouse
313 NE 3rd
Delray Beach

Don your super-hero attire at this featured event for the county-wide Get Your Green On (GYGO) mental health campaign, which aims to raise awareness by creating visible support and fostering safe spaces to talk openly about mental health and trauma. The Ball will combine fashion and the arts while shining light on mental health during Mental Health Awareness Month. The evening includes a fashion show, music, performances and mental health inspired artwork. To view a flyer for the event, [click here](#) and to reserve your spot, [click here](#).

Health Fair: Healthy Families Lead to Health Communities

Saturday, June 3
10:00 a.m. - 2:00 p.m.
C.L. Brumback Health Center
38754 State Road 80
Belle Glade

Florida Department of Health invites you to attend this event to invest in your health and that of your family. Please [click here](#) to view a flyer in English, [here](#) for Spanish and [here](#) for Creole.

Responding to Girls' Mental Health for Parents

Tuesday, May 23
6:00 p.m.
Virtual

The Girls Voice Task Force, (GVTF), is a subcommittee of the Girls Coordinating Council of Palm Beach County; a community collaborative aimed at strengthening the system of care for girls ages 12-19. [Click here](#) to register and contact WJones@pbcgov.org for event information.

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The Arc Summer Camp

Monday, June 5 for 7 weeks
8:00 a.m. - 4:00 p.m.
Belvedere Elementary School
3000 Parker Ave.
West Palm Beach

Registration is now open for The Arc Palm Beach County's summer camp for children ages 5-13. In-person assessments are required. Please [click here](#) to view a flyer in English and [here](#) for Spanish.

FREE Baby Shower for Expectant Moms

Tuesday, June 6
1:00 p.m. - 2:30 p.m.
Soma Medical Center
1402 Royal Palm Beach Blvd.,
Bldg. 700
Royal Palm Beach

Expectant moms are invited to come celebrate their bundles of joy at this free event hosted by Soma Medical Center that includes educational resources and goodie bags with baby items. [Click here](#) to view a flyer with instructions on how to RSVP.

Recurring Events:

Summer Junk Hour, with Resource Depot

Tuesdays, June 6, 13, 20, 27 & July 11 & 25
10:00 a.m. - 12:00 p.m.
Resource Depot
2508 Florida Ave.
West Palm Beach

Junk Hour is an open-ended summer class featuring six different workshops, each with a different theme to engage students with upcycled materials and open-ended play. The first theme is cardboard city and will utilize cardboard boxes and tubes to design a cityscape. Future themes include TP Animals, Outer Space, Underwater Creatures, Junk Robots and Make a House. These sessions are geared toward school-aged students. A small fee of \$20 per student applies. [Click here](#) to sign up.

Art Therapy Classes for Middle-School Students

Tuesdays: 7-week sessions
6:00 p.m. - 8:00 p.m.

Lighthouse Art Center Tequesta

Group art therapy classes support mental health, peer relationships and overall well-being. The purpose of this program is to increase feelings of community and connectedness, build resilience and coping skills and decrease feelings associated with anxiety, depression, loneliness and/or stress. For each group cohort, a Center for Child Counseling therapist will partner with a Lighthouse ArtCenter art instructor to provide weekly therapeutic art activities from painting to pottery! The first session's topic is anxiety. [Click here](#) for the ArtClub schedule with a list of topics and registration form.

Black Under-Representation Initiative Task Force Meetings

Every last Wednesday of the month

10:00 a.m.

Virtual

Florida Atlantic University's Center for Autism and Related Disabilities invites you to join the Black Under-Representation Initiative meetings to discuss research that indicates black children are being misidentified, delay identified and under-identified with Autism Spectrum Disorder. Without proper identification, children will not receive access to evidence-based interventions to progress academically and socially, and parents and families will not receive the support and training needed to help their children. RSVP by calling **561-212-4930** or email cmckinney@fau.edu.

Unicorn Children's Foundation Family Fun Nights

Every last Wednesday of the month

5:30 p.m. - 7:30 p.m.

99 SE Mizner Blvd., Ste. 120

Boca Raton

The Unicorn Children's Foundation is dedicated to creating cradle to career pathways for kids and young adults with developmental differences and helping their families navigate the complex journey. This free event is open to people of all ages and abilities and includes karaoke, dancing, light bites and refreshments, crafts, board games, cups of kindness served by Percs Café baristas and tours available upon request. [Click here](#) to register.

Girls Voice Task Force Virtual Space Meetings

Every second Thursday of the month

6:00 p.m.

Virtual

The GVTF virtual space serves as a place for girls to connect with one another, learn valuable skills and grow together. [Click here](#) to complete the application to receive the meeting link. Join GVTF on Remind by texting @girlspbc to **81010**.

Food as Medicine Workshops

Second and Fourth Saturdays, May - December

10:00 a.m. - 11:00 a.m.

Riviera Beach Urban Farm and Garden

W. Blue Heron Blvd.

Riviera Beach

The idea that our foods can aide in our wellness is a proven fact. The need for medications can be reduced by learning medicinal remedies composed of veggies, fruits and herbs. Operation No Food Gap, in partnership with the American Heart Association is excited to host these events and invites you to join in the fun by participating in cooking demos, gardening, wellness events, juicing and educational workshops along with fitness such as Zumba! The events are FREE and open to the entire family of all ages. [Click here](#) to learn more and RSVP.

Trainings

Healthy Mothers, Healthy Babies Coalition of Palm Beach County: May Educational Calendar

April events include educational classes for pregnant women, new parents and their support partners, maternal wellness support group meetings, childbirth classes, pregnancy and infant loss and couples support groups and prenatal yoga. Many classes are offered in both English and Spanish with a virtual

option. A calendar with details can be found [here](#).

Storytelling for Nonprofits

Wednesday, May 10

10:00 a.m. - 11:30 a.m.

Children's Services Council

2300 High Ridge Road

Boynton Beach

Nonprofits First invites you to join James Coleman and Tom Elia with The Palm Beach Post to learn what they look for in choosing stories to cover. They'll share insider secrets on how to reach out to editors and reporters that will get their attention, how to submit an idea and what happens to your pitch once you do, what to include in your submission, especially regarding photos and other media and a clearer sense of why editors choose some stories over. [Click here](#) to register for this free event.

Plan of Safe Care Training: State and Local Implementation of Plans of Safe Care

Tuesday, May 16

1:00 p.m.

Virtual

Maternal Health Learning & Innovation Center offers this webinar opportunity to learn different state and local approaches to implementing plans of safe care and connecting families to appropriate services, discuss interdisciplinary approaches to optimize plan of safe care implementation and highlight tools for implementing plans of safe care. [Click here](#) to register.

Early Learning Coalition Trainings:

Transition to Kindergarten Workshops

Friday, May 19 & Thursday, May 25

2:00 p.m. - 3:00 p.m.

Virtual

Friday, May 12

6:00 p.m. - 7:00 p.m.

Early Learning Coalition

1630 South Congress Ave., Ste. 300

Palm Springs

Wednesday, May 31

6:00 p.m. - 7:00 p.m.

Early Learning Coalition

2051 Martin Luther King Junior Blvd., Ste. 300

Riviera Beach

These workshop sessions provide information about registration and what is needed for a successful 2023 school year. These are family events for children ages four to five or entering kindergarten. Contact 561-231-5575 for information on how to register.

3Ts Parenting Workshops

Mondays, July 3, 10, 24 & 31

12:30 p.m. - 1:30 p.m.

Virtual

Understanding Your Preschooler's IEP

Wednesday, May 17

12:00 p.m. - 1:15 p.m.

Virtual

This training, hosted by Florida Atlantic University's Center for Autism and Related Disabilities will go through the details and information included on an IEP (Individualized Education Program), the IEP process and the role a parent has in the development of the IEP. The training will focus on families with children that are kindergarten age and younger. [Click here](#) to register.

All About Guardianship

Wednesday, June 28

2:00 p.m. - 3:00 p.m.

Virtual

This workshop from Alpert Jewish Family Service will discuss the role of a professional guardian, process to obtain a guardian, how to plan for succession of a guardianship and skills to look for in a guardianship team. [Click here](#) to register by June 26.

The 3Ts – Tune In, Talk More, Take Turns- is a simple but powerful tool to help make the most of everyday interactions with children. 3Ts resources foster knowledge and build skills parents can use to promote foundational brain development. These workshops are for anyone who takes care of a child ages 0-3 years old. [Click here](#) to register.

United Way Trainings:

Healing the Healers

Thursday, May 11

9:00 a.m. - 1:00 p.m.

Virtual

In this intensive workshop, participants will learn from trainers from the Center for Child Counseling about defining the role of a healer/helper, types and causes of stress, biology and physiology of stress, exploring ACEs & their relationship to stress and well-being, impacts of stress: (1) burnout, (2) vicarious trauma, (3) compassion fatigue, challenges faced by specific groups of helpers/healers, COVID-19 and the impact on helpers/healers and self-care & resilience building.

[Click here](#) to register.

Positive and Adverse Childhood Experiences (PACES)

Tuesday, May 16

6:00 p.m. - 7:30 p.m.

Virtual

Participants will learn from trainers from the Center for Child Counseling about the ACE study, outcome and findings of the ACE study, what is toxic stress and its impact on the developing brain throughout the lifespan, impact of early adversity on lifelong health - emotional and physical, what are PCEs and the difference between PCEs and ACEs and ways to create trauma-informed and resilience-building practices. [Click here](#) to register.

Center for Child Counseling Trainings:

In-Person Play Therapy Series

Friday, May 5

9:00 a.m. - 4:00 p.m.

Opportunity Early Childhood Education and Family Center

4171 Westgate Ave.

West Palm Beach

Join Play Therapy experts to learn the language of the child through this new Play Therapy Series.

The next workshop focuses on utilizing sand tray in play therapy, a powerful method in treating children and adults. This workshop will explore the fundamental theory, skills, tools and methods of sand tray play therapy through hands-on experiences that allow participants to explore the various elements of the sand tray process. Participants will be able to develop and practice basic skills for incorporating sand tray play therapy into their practice. To learn more about the event and to register, [click here](#). Includes 4 live contact APT CE hours. Upcoming workshops include Continuing the Practice, Addressing Trauma Through Play Therapy and Treating Trauma using TF-CBT.

Ready, Reset, Grow!

Tuesday, May 16

12:00 p.m. - 1:30 p.m.

Virtual

Join this live, online webinar to kick-start Mental Health Awareness Month. Self-care activities will be hosted alongside Children's Bereavement Center and Tomorrow's Rainbow, Inc. Cost is free, OR, \$10 for 1.5 CEUs. [Click here](#) to register.

Additional Resources

[Visit the CSC website](#)
[CSC Employment](#)
[CSC Provider Agency Employment](#)
[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpbpc.org. [Click here](#) review the MMU Submission Guidelines.

Stay Connected!



Children's Services Council of Palm Beach County | 2300 High Ridge Road, Boynton Beach, FL 33426

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