

FREE CEUs

Question, Persuade, Refer (QPR) for Suicide Prevention - 2.5 Hour Virtual Training

What you will learn:

QPR stands for Question, Persuade, and Refer — the 3 simple steps anyone can learn to help save a life from suicide. Just as people trained in CPR and the Heimlich Maneuver that help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Each year thousands of Americans, like you, are saying "Yes" to saving the life of a friend, colleague, sibling, neighbor, or client.



Who should attend?

Mental health professionals, non-mental health professionals, community members, or **anyone** with an interest in suicide prevention.

Two Continuing Education Units/Contact Hours are approved for persons meeting the attendance requirements for Florida Board of Social Work, Marriage, and Family Therapy and Mental Health Counseling - Provider #50-24703.

Upcoming Training Dates

Monday, February 9, 2026 from 12:30 pm to 3:00 pm

Friday, March 9, 2026 from 9:30 am to 12:00 pm



Register

<https://centralfloridacares.org/question-persuade-refer-qpr-for-suicide-prevention1/>

Presented by:

Lindsay Brown, M.Ed, Ed.S
lindsaybrownmed@gmail.com

