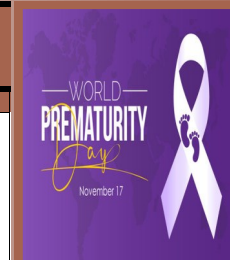


Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Family Literacy
 Green: Community Events

NOVEMBER 2024



Mon	Tue	Wed	Thu	Fri	Sat
				1	2
4 Fall Leaves 3:00pm—Ages 3 & Up BG Library	5	6 Early Learning Coalition (ELC) 9:00 am (appt only)	7	8	9
11	12 Too Early May Be Too Late Prematurity Awareness 5:00 pm	13 Early Learning Coalition (ELC) 9:00 am (walk ins) Infant CPR— BRIDGES 5:00 pm	14 The Amazing Turkey Race 5:00 pm—BRIDGES Healthcare Options 10:00 am —BRIDGES	15	16 Art In My Backyard 10:00a m—BG Library Brain Study 10:00 am—BRIDGES
18 RBT Training 10:00 am—12:00 pm Leafy Hedgehog 3:00pm—Ages 3 & Up BG Library	19 Opioids: The Lows of the High Prematurity Awareness 5:30 pm—BRIDGES	20 Early Learning Coalition (ELC) 9:00 am (appt only) Safety Series: Kitchen & Cooking Safety 5:30pm—BRIDGES Brain Study 10:00 am—BRIDGES	21 RBT Training 10:00 am—12:00 pm	22 Brain Study 10:00 am—BRIDGES	23 Brain Study 10:00 am—BRIDGES
25	26 Let's Talk: DDD "Dialogue During Dinner" 5:00pm Preregistration required	27 Early Learning Coalition (ELC) 9:00 am (walk ins)	28 OFFICE CLOSED FOR Thanksgiving HAVE A GREAT HOLIDAY!	29	30



BRIDGES AT
BELLE GLADE

141 SE AVE C
BELLE GLADE , FL
33430

OPERATION HOURS
MON-FRI
8:30AM—5:30PM

SATURDAY
APPT ONLY
10AM -12PM

PHONE:
561-992-8210

NOVEMBER 2024 HIGHLIGHTS		
MONTHLY THEME	CAPACITY BLDG WORKSHOPS	SAFETY WORKSHOP
HEALTHY MIND, HEALTHY BODY	Too Early May Be Too Late: Prematurity Awareness Tuesday, November 12, 2024 5:00 pm Did you know that 1 in 10 Babies are born preterm, (before 37 weeks of Gestation)? It is a multifactorial global epidemic with psychosocial, economic, and physical ramifications affecting the child, family, and community at large. Join BRIDGES and Community Voice in this interactive informational session. Infant CPR Wednesday, November 13, 2024 5:00 pm CPR for infants is performed differently from adults due to their physiological differences. Come learn how to potentially save the life of a child. Opioids: The Lows of the High (Prematurity Awareness) Tuesday, November 19, 2024 5:00 pm The use of opioids can alleviate pain but did you know that mis-use can cause a lifetime of pain especially while pregnant. Opioid use during pregnancy poses significant risks to both mother and child. Join us as we dispel myths about these pain-killers. Let's Talk: DDD "Dialogue During Dinner" Tuesday, November 26, 2024 5:00 pm Dinnertime is a great time for family bonding, creating opportunities for family members to share their daily experiences among many other benefits. Join in this interactive adult dialogue session. Preregistration is required.	Safety Series: Kitchen & Cooking Safety Thursday, November 20, 2024 5:30 pm—BRIDGES Creating a safe kitchen environment is essential when there are children in the home, especially if they're interested in helping with meal preparation, teaching children proper ways to function in the kitchen can prevent potential fatalities.
PARENT CHILD ACTIVITY		COMMUNITY EVENTS
Fall Leaves Monday, November 4, 2024 3:00 pm—BG Library Ages 3 & up Celebrate fall with trees that have leaves that change color. You can decorate it however you want in the fun fall craft. AIMBY - My Family Tree Saturday, November 16, 2024 3:00 pm—BG Library Families will work together to create a family tree using card-board shapes, colored tagboard and acrylic paint. Leafy Hedgehog Monday, November 18, 2024 3:00pm— BG Library Ages 3 & up Create an adorable prickly fall leaf hedgehog friend!		FACEBOOK LIVE https://www.facebook.com/ SafeKidsPalmBeachCounty English Exchange Tuesdays (November 12,19, 26) 3:00pm—5:00pm Belle Glade Library FREE FAMILY WEEKEND MEAL KITS Fridays, (November, 1, 8, 15, 22, 2024) 9:00 am—5:00 pm Belle Glade Library Each child ages 18 and younger is eligible for one free week-end meal kit every Friday while supplies last. EARLY LEARNING COALITION (ELC) Wednesdays, November 13 & 27, 2024 (walk ins) 9:00 am—5:00 pm FAU Brain Health Project November 16, 20, 22, 23, 10:00 am—BRIDGES RBT Training November 18 & 21, 2024 10:00 am—BRIDGES
FAMILY LITERACY		
Reading Recipes The Amazing Turkey Race Thursday, November 14, 2024 5:30pm—BRIDGES Ages 4 & Up Let the races begin! Parents and child will create a memorable turkey treat from various food items. What items will they use? Who knows, not even the participating iron chefs until the menu reveal. This family friendly activity provides many instructional opportunities for children all while having tons of family fun.		