INTER-AGENCY NETWORK OF PALM BEACH COUNTY

"Together...making a world of difference!"



All Are Welcome!

Thank you for your participation in one of Palm Beach County's oldest "community-wide" networking groups!

Tuesday October 7, 2025 9:00 am Meeting

Meetings run the First
Tuesday of each month August-June
(we are off July) Guest Speakers Listed Below Picture

Physical Location:

Nonprofits First Inc.

1818 S Australian Ave #450, West Palm Beach, FL 33409

Virtual Option: Join Zoom Meeting

ALERT NEW LINK:

https://us02web.zoom.us/j/88245756794?pwd=YzVH KwZVnmgRzygmftwJk8ImIK1G6a.1

> Meeting ID: 882 4575 6794 Passcode: 104447



Upcoming October Guest Speaker

TBD

Sept Meeting Chat Notes

CHAT from the September IAN Meeting

Dress for Success Palm Beaches- Presentation

Click here to get monthly meeting invites

Community Activities

Note: some items are time sensitive & may not be in chronological order- so scan all for timeliness

Continue to scroll to bottom to catch all of the updates.

Please reach out to the agencies themselves for any additional information- as I am merely the messenger!



We need your help to be the best we can be!

Jennifer Harris, our Database Specialist has been working hard to update your agency information. Some of you may have had change in staffing and your contact person has changed.

We want to share the best and most up-to-date information with our community & callers. Please check to see if you have completed an update with us. You can also contact Jennifer to verify.

211 HelpLine Database Specialist Tel: 561-231-7220 ext. 1510 Email: jennifer.harris@211pbtc.org

or visit https://211palmbeach.org/partners

Employment Opportunities at 211

We are currently looking to hire a

Grants Manager & Resource Center

Supervisor

Click on link to learn more:

or visit: www.211PalmBeach.org/Careers

UNITED IS THE WAY WE FIGHT HUNG





JOIN US FOR HUNGER ACTION MONTH SEPTEMBER 2025

United Way of Palm Beach County (UWPBC) is highlighting Hunger Action Month this September by promoting hunger-relief events organized by local municipalities. We're also celebrating the 10th Anniversary of the Palm Beach County Hunger Relief Plan. Let's unite our communities to fight hunger and make an impact!

What We Need From You:

Email your event details to: marketing@unitedwaypbc.org

Ideas to get involved:

- Issue a municipal proclamation recognizing Hunger Action Month.

 Light up your municipal building or landmarks in orange (the color representing hunger relief).

- Participate in the SNAP Challenge View the SNAP Challenge guidelines here.



Why It Matters:

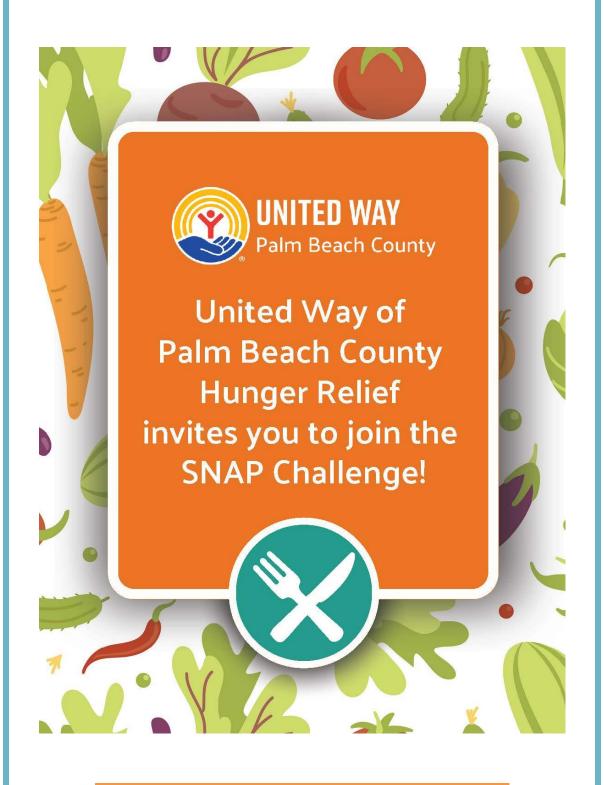
Read the plan here: Palm Beach County Hunger Relief Plan





Contact Us: marketing@unitedwaypbc.org | unitedwaypbc.org

Did You Know...



Click for SNAP Challenge Details



Thank you to our sponsors, partners, and collaborators!



GENESIS

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FINDOWER

COMMUNITY

Healthy for Good















SEPTEMBER 22 6:00 PM

COMMUNITY FITNESS WITH ROSA

225 NW 12th Ave, Boynton Beach, FL 33435

SEPTEMBER 23 4:00 PM

LOVE THYSELF CHAIR YOGA WITH MILTON

600 SW 8th St.; Belle Glade, FL 33430

SEPTEMBER 23 6:00 PM

LATIN VIBES FITNESS WITH NORA

1000 Townhall Ave, Jupiter, FL 33458

SEPTEMBER 23 6:30 PM

SAYWHAT! WELLNESS IN ACTION WITH ANGIE T.

731 Avenue Chaumont Delray Beach FL 33445

SEPTEMBER 24 5:30 PM

AQUA ZUMBA WITH AIDA

13290 Via Vulcanus, Delray Beach, FL 33484

SEPTEMBER 25 4:00 PM

LOVE THYSELF CHAIR YOGA WITH MILTON

600 SW 8" St.; Belle Glade, FL 33430

SEPTEMBER 26 6:30 PM

LINE DANCING FRIDAYS WITH ANDREA

1101 NW 21vd St. Delray Beach FL

SEPTEMBER 28

ZUMBA VIBEZ WITH LISSETTE RIVERA

7715 Forest Hill Blvd, West Palm Beach, FL 33413

SEPTEMBER 30 4:00 PM

LOVE THYSELF CHAIR YOGA WITH MILTON

600 SW 8th St.; Belle Glade, FL 33430

SEPTEMBER 30 6:00 PM

LATIN VIBES FITNESS WITH NORA

1000 Townhall Ave, Jupiter, FL 33458

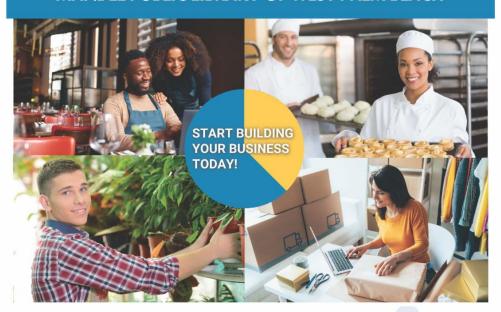
SEPTEMBER 30 6:30 PM

SAYWHAT! WELLNESS IN ACTION WITH ANGIE T.

731 Avenue Chaumont Delray Beach FL 33445

Click -For More Let's Move Calendar Activities

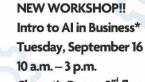
MANDEL PUBLIC LIBRARY OF WEST PALM BEACH



INTRO TO BUSINESS BOOT CAMP

Business Planning Wednesday, September 10 10 a.m. – 3 p.m. Hibiscus Room, 3rd floor







Clematis Room, 3rd floor Zar Roger, founder of Zeus

development expert with a background in banking and

financial management.



- HOW TO DEVELOP A BUSINESS PLAN **MARKETING STRATEGIES**
- LICENSING REQUIREMENTS, LLCS FINANCIAL PLANNING AND CREDIT
- INTEGRATING TECHNOLOGY*

with Melanie Roger



Registration is required for each event. Lunch and parking vouchers provided. City Center Parking tickets must be shown to receive vouchers.



411 Clematis Street West Palm Beach, FL 33401 (561) 868-7760 wpbcitylibrary.org





PROFESSIONAL WOMEN'S GROUP DRESS FOR SUCCESS®

Going Places. Going Strong.

Al and the Future of Work: From Co-Pilot to Changemaker

Discover how AI can:

- Help you open doors to new opportunities and leadership pathways.
- Be your career co-pilot-assist with resumes, interviews, and productivity.

growth, and independence.

• Break barriers and amplify women's voices in shaping the future of work.



NEW LOCATION:

6836 Forest Hill Blvd. Greenacres, FL 33413





Scan QR Code to Register!



ROAD TO SUCCESS



Job Readiness Program

EMPOWER YOURSELF

Take control of your future with our FREE six-week job readiness program designed to equip women with the skills and confidence to secure meaningful employment. Whether you're unemployed, underemployed, or looking to change careers, this program provides the essential tools, training, and resources to help you stand out in today's competitive job market. Road to Success gives you everything you need to land the job you deserve. Your future starts now — don't miss this opportunity!

SCHEDULE

Week 1: Wednesday, October 8

Week 2: Wednesday, October 15

Week 3: Tuesday, October 21

Week 4: Wednesday, October 29

Week 5: Wednesday, November 5

Week 6: Wednesday, November 12

♦Graduation**♦**

Classes start at 9:30 AM. Breakfast provided. In-person ONLY Full agenda provided upon enrollment.

PROGRAM HIGHLIGHTS

- ✓ Boost confidence & self-esteem
- ✓ Create a strong LinkedIn profile
- ✓ Identify your values & strengths
- ✓ Build a standout resume
- ✓ Sharpen job search skills
- ✓ Get one-on-one career coaching & mentoring
- ✓ Enjoy a professional styling experience
- ✓ Receive a professional headshot
- ✓ Discover your top 5 strengths

SPONSORED BY



This program is FREE for women, valued at over \$5,000, courtesy of

The Jim Moran Foundation

Community Foundation for Palm Beach and Martin Counties

The Batchelor Foundation

CONTACT



□ njakubowski<u>@dressforsuccesspb.org</u>

(561) 249-3898

Scan QR Code to Register!





Community ID of the Palm Beaches

The Community ID of the Palm Beaches is for ANY resident who may have limited access to government issued forms of identification, and for those who support a diverse and inclusive community.

It is not a government issued form of ID or a driver's license, but it is a verifiable form of identification that says you are a part of our community. It can be used within your community to gain access to essential services and as a tool to better identify, serve, and protect you.

Your Community. Your ID.

REQUIRED ITEMS YOU MUST BRING WITH YOU:

- Photo Identification: (current or expired driver's license, national ID card, consular ID or other embassy ID, passport)
- Proof of residency: (utility bill, rental agreement, medical bill, bank statement) dated w/in 3 mo.
- \$20.00 (cash, money order)

(Original documents are required)

LANTANA ROAD BRANCH LIBRARY SEPTEMBER 4 4:00 PM - 6:30 PM 4020 LANTANA ROAD LAKE WORTH

> MANDEL PUBLIC LIBRARY SEPTEMBER 11 10:00 AM - 4:00 PM 411 CLEMATIS STREET 3RD FLOOR, W PALM BEACH

COMMUNITY HEALTH CENTER
SEPTEMBER 16
9:00 AM - 1:00 PM
5205 GREENWOOD AVE
WEST PALM BEACH

COMPASS COMMUNITY CENTER SEPTEMBER 18 1:00 PM - 4:00 PM 201 N DIXIE HWY LAKE WORTH

MANDEL PUBLIC LIBRARY SEPTEMBER 25 10:00 AM - 4:00 PM 411 CLEMATIS STREET 3RD FLOOR, W PALM BEACH

BELLE GLADE LIBRARY SEPTEMBER 30 5:00 PM - 7:00 PM 725 NW 4™ STREET BELLE GLADE



423 Fern Street, Ste 200 West Palm Beach, FL Program Contact: (561) 655-8944 Ext 146 www.LegalAidpbc.org

Celebrating 50 Sessions of Criminal Justice Education: The Criminal Justice Academy Begins September 17

The Palm Beach County Criminal Justice Commission (CJC), in partnership with the Palm Beach County Sheriff's Office (PBSO), is proud to announce this milestone session of the Citizen's Criminal Justice Academy (CCJA). This <u>special session</u> will

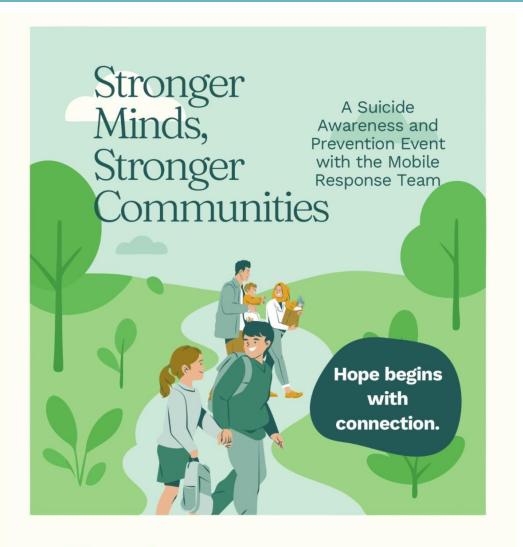
run from September 17 through December 17, 2025, meeting each Wednesday evening from 6 to 9 p.m., excluding the week of Thanksgiving.

All sessions will be held at PBSO Headquarters, located at 3228 Gun Club Road, West Palm Beach, FL 33406, in the Community Room. Dinner will be served each evening, and participants age 14 and older are welcome to attend.

The CCJA offers a unique, behind-the-scenes look at how Palm Beach County's criminal justice system works. From law enforcement and the courts to corrections and community programs, participants will engage directly with professionals in the field. Whether you are simply curious or a committed skeptic, this course is designed for you.

At the end of the program, participants will receive a Certificate of Completion recognizing their participation and commitment to understanding the criminal justice system.

For more information or to register, contact the Palm Beach County Criminal Justice Commission at 561-355-2332 or visit online at www.pbc.gov/criminaljustice.



Thursday, September 18th, 11am-2pm

South County Mental Health Center 16158 S. Military Trail Delray Beach, FL 33484





MULTICULTURAL FESTIVAL

SHOWCASING CULTURE THROUGH ART, FOOD, MUSIC, DANCE & FASHION

SATURDAY, SEPTEMBER 20, 2025 5:00 PM - 9:00 PM KELSEY PARK 601 US HIGHWAY 1 LAKE PARK, FL 33403

LIVE MUSIC, CULTURAL PERFORMANCES
ART, CRAFT, FOOD & BEVERAGE VENDORS
KIDS ZONE, GAMES, ACTIVITIES
FREE ADMISSION & PARKING



FOR MORE INFORMATION AND TO BECOME A PERFORMER, SPONSOR, VENDOR OR VOLUNTEER CONTACT THE SPECIAL EVENTS DEPARTMENT AT 561-840-0160 OR EMAIL SPECIALEVENTS@LAKEPARKFLORIDA.GOV

The Office of Family Courts invites you to register for an upcoming webinar

When, Why, and How to Engage Fathers Who Have Used Violence to Improve Outcomes for Families

Presented by Dr. Carla Stover

Friday, Sept. 26, 2025 12:00 p.m. - 1:30 p.m. EDT

Register in advance:
https://zoom.us/webinar/register/WN_Rlct3p7TSXSMcsb
DeRwD6Q

Please contact Lisa Maddocks with any questions Maddocksl@flcourts.gov

*The applications for CJEs and CLEs will be submitted.

Click here to register

PBC Domestic Violence CCR Regulst for Mominations

We're thrilled to kick off nominations for the Annual Impact Awards—our chance to celebrate the incredible people and programs making big moves for survivors. Honorees will be spotlighted this October during DVAM Opening Ceremony—a powerful time to raise voices, share hope, and honor true changemakers.

Nominate a dedicated individual or program <u>today</u> to ensure their exemplary service is celebrated and their extraordinary contributions are recognized!

Impact Award Categories:

- Victim Advocate Professional
- Law Enforcement Professional
- Community Leader
- Outstanding Program

Please submit nominations by: 5 p.m., September 30, 2025 Nomination Form: https://forms.gle/gMUxCFJnh7CvuU4CA



Scan for nomination form



PIT Count 2026







T-Shirt Design Contest

Help us design a T-shirt for the 2026 PIT Count

- 1. Create a fun & exciting T-Shirt using up to 3 colors
- 2. Pick a T-Shirt color
- 3. Submit your design to GRodrigu@pbc.gov

A panel will select the winning design
Deadline will be C.O.B. – Friday, November 14, 2025



Take the first step toward a brighter future with free vocational training designed to prepare you for in-demand careers. Palm Beach County residents can receive hands-on training, career readiness support, and help with job placement—all at no cost.

Training Courses Available

- Commercial Driver's License (CDL)
- Entrepreneurship
- Phlebotomy
- Home Health Aide (HHA)
- Patient Care Assistant (PCA)
- Patient Care Technician (PCT)
- Electrocardiograph Technician (EKG) Financial Management
- **Barbering**
- Certified NursingAssistant
- Forklift

- Cosmetology
- Diesel Systems Technician
- Networking Support Technician
- Network Security
- **Welding**
- Technology
- **Work Readiness**
- GED Prep & ESOL Classes (CNA)

Self-Sufficiency Services

- Case Management
- Financial Management
- Job Readiness Skills
- **Employment Services**
- VITA Tax Services
- Referrals

FOR MORE INFORMATION, CALL (561) 355-4792





















FREE Therapy Services In-person and Virtual **Trauma-Informed Care**



Youth and Family Counseling

Outpatient Services West Palm Beach - (561) 242-5714 Delray Beach - (561) 276-1340 Belle Glade - (561) 992-1233 Palm Beach Gardens - (561) 242-5714

Highridge Family Center

Residential Program (561) 625-2540

Education & Training Center

Outpatient Services Parent-Child Interaction Therapy (561) 233-4460

Issues Addressed



- Bullying
- Self Esteem
- Communication
- School Concerns
- Behavioral Problems
- Separation and Divorce
- Social Skills
- Family Violence
- Grief Counseling
- -Emotion Regulation
- Traumatic Experiences
- Parent/Child Relationships



COALITION FOR INDEPENDENT LIVING OPTIONS

SENIOR FIND*

Now Accepting
Applications!

Unlock financial relief and reclaim peace of mind!

Eligibility

- Aged 60 Years Or Older With A Disability
- Resident Of Palm Beach County
- Experienced An Unexpected Financial Expense Keeping You From Paying Rent Or Utility Bills?
- Do You Have A 3-Day Notice, Eviction, Lease, Moving Quote, Utility Shut-Off Notice, Or Need Help With Move-In Expenses?

We Help With:

- Past-Due Mortgage
 Payments ★ (NEW) ★
- HOA Fees ★ (NEW) ★
- Medically Necessary
 Expenses Not Covered
 By Insurance, Or With
 Copay/Deductible
 Causing Financial
 Hardship ★ (NEW) ★
- Move-In Costs
- Past-Due Rent & Utilities

For more information or to see if you qualify, please email

Financialassistance@cilo.org





Services being offered to senior (60+) adults, individuals with disabilities, and their caregivers in our community, as well as to explain how to make a referral.

Area Agency on Aging - Services

Your local Area Agency on Aging, they are committed to supporting independence, dignity, and quality of life. They provide a range of services and supports, including:

- Information and Assistance: Guidance on available programs, services, and community resources.
- Care Coordination: Assessments and care plans tailored to meet individual needs.
- In-Home Services: Personal care, homemaker assistance, and respite care.
- Nutrition Programs: Home-delivered meals and congregate dining.
- Transportation Services: For medical appointments, errands, and other essential trips.
- Caregiver Support: Resources, counseling, and training for family caregivers.
- Health and Wellness Programs: Fall prevention, chronic disease selfmanagement, and other evidence-based workshops.
- Advocacy Services: Including long-term care ombudsman and assistance with benefits and legal support.

Making a Referral

If you know someone who may benefit from their services, referrals are easy to make. Here's how:

- 1. Call Us: Reach out to their main line at 866-684-5885 and ask to speak with an Intake Specialist.
- 2. Online Referral: Complete the secure referral form at https://www.aaapbtc.org/form/contact-us
- 3. Fax: Referrals can also be submitted via fax to 561-214-8678.

Once they receive a referral, their team will reach out directly to the individual (or their caregiver) to assess their needs and connect them with appropriate services. They welcome referrals from healthcare providers, community partners, family members, and individuals themselves. If you have questions about their programs or the referral process, please don't hesitate to contact them directly.

Thank you for helping us support the aging population in our community.

Health Council of Southeast Florida

Do you know anyone in need of Health Insurance? If so, call the Covering Florida Navigator Program at the Health Council of Southeast Florida at 561-844-4220. Their licensed Navigators will provide you with FREE, impartial assistance. Special Enrollment Period is now. You may be able to enroll if you have had certain life events such as losing health coverage, getting

married, having a baby, moving, etc. If your income is between 100 % - 150% FPL (1person - \$15,560 - \$23,475) you can also enroll during this time.

Simple Ideas & Mindfulness

Make Time For Self-Care

- · Learn something new
- Laugh often- watch comedies
- Find a way to "connect" each day
- Turn off the news!
- Make sure information you find is from a reliable source
- Learn how to boost your immune system.
- Get enough quality sleep and rest
- Take the time to exercise
- Don't deprive yourself of a little comfort food- but lean towards fresh fruits & vegetables
- Simply breath! Breath work can reduce anxiety while enhancing the health of your lungs.





A nice cup of hot tea & a good read...can be enhanced by nature. Patio, porch or park- nature can uplift your spirits while providing a sense of grounding.

Other Resources

Building Resiliency- click here

Also let someone you trust know how they can best support you...

Vibrant Emotional Health-Safe

Space-for available coping tools & strategies

"We are in this together!"

Get "grounded" in nature. Whether in meditation or for exercise- this may lift your mood and help you to sleep better.



See you at the next meeting!

211 Palm Beach/Treasure Coast | PO Box 3588 | Lantana, FL 33465 US

<u>Unsubscribe</u> | <u>Update Profile</u> | <u>Constant Contact Data Notice</u>



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