

Mental Health First Aid Training (Adult training): help trains individual to understand and respond to people in distress. Attendees will be more aware and informed of what Mental illness is and is not. Mental Health First Aid Course teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders in your community and where to turn for help.

The course will be offered in 2 sessions of 2(4 hours). Attendees must complete the full 8 hours in order to receive certification for the course.

***Managed and operated by the National Council for Behavioral Health
Sponsored by Healthier Glades & BRIDGES at Belle Glade***

Contact BRIDGES @ Belle Glade for more info
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